

May 7th 2020

## **Partnership Support for remote working**

### **Good news**

VE celebrations programme of events.

### **Friday 8<sup>th</sup> May**

On the day itself, there are a lot of broadcasts online, tv and radio where we can all feel part of the same activity at the same time. These are just a few

11:00a m	2 minute silence for quiet reflection
11:15a m	Live VE day stream on Facebook <a href="https://www.facebook.com/OfficialPoppyLegion/?seg=WPDW3B">https://www.facebook.com/OfficialPoppyLegion/?seg=WPDW3B</a> and online at the Royal British Legion <a href="https://www.britishlegion.org.uk/">https://www.britishlegion.org.uk/</a> encouraging everyone to grab a cuppa and share stories.
3:00pm	Nation's Toast to the Heroes of WW2. The nation is encouraged to raise a glass (with a refreshment of their choice) from the safety of their own home and toasting 'To those who gave so much, we thank you'.
8:00pm	An evening of memories and music in partnership with the BBC
9:00pm	The Queen will address the nation in a pre recorded speech at 9pm. That was the exact moment her father King George VI gave a radio address in 1945, broadcast from bomb-scarred Buckingham Palace, in which he asked the nation to join him in giving thanks 'for a great deliverance' as the war in Europe had ended.
Straight After	Join in with a national singalong to We'll Meet Again. Words are online at the Royal British Legion and the BBC will be broadcasting if you want company. This will be a poignant moment in time relevant to us now as well as in remembrance.

For ideas around distancing with people living with dementia there is a great website of ideas found at [www.distancingwithdementia.org.uk](http://www.distancingwithdementia.org.uk)

### **How can you help?**

Why not make an afternoon tea for VE day celebrations complete with little cakes and sandwiches.



## **Your Questions answered**

### **Some people with dementia I support are in denial about the virus. What should I do?**

The pandemic can be overwhelming for us all and it is important to understand that this may be the case for people living with dementia too.

Try to explore why the person feels that the virus isn't real, is it the way information has been presented, it is that they feel told off or is it some other reason? This exploration is important to do in a full way- including body language, what words the person chooses and when the person responds in this way.

Reassurance may be key and it is very important that the person doesn't feel 'told off' or that it is only specific to them especially as confidence may be knocked by their experience of dementia.

*If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.*

### **Passing the time**

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

Play balloon volleyball.

You will need a balloon and some space where you aren't going to break anything!

Blow up the balloon and tap it to each other or even off the wall. How long can you keep it up in the air without it touching the floor? Can you do any trick shots?

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

### **Joke of the day**

Two guys walk into a bar.

The third guy ducks.

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly