#### Partnership Support for remote working

#### Good news

https://www.actodementia.com/app-reviews gives helpful reviews around accessible apps for people living with dementia.

Many people are raising money for their chosen charity by walking around their home or garden.

#### How can you help?

Spend some time doing something you find relaxing today.

#### Your Questions answered

# Are there any tips to support someone living with dementia on their own during the pandemic?

Initially check in with this person over the phone and assess what support they have in place- for example they may live on their own but have regular calls from home carers or a family member who looks after them.

Explore with the person things that they can put in place to support themselves during the pandemic- this could be posting out useful information for them to stick in prominent places for example or the use of assistive technology such as smart speakers.

Through the pandemic the support system for the person on their own might change rapidly and so it is important to be aware of this and signpost as and when this is appropriate. You may even request consent from the person to actively refer on their behalf.

It's important that the person looks at things to put in place as soon as possible to promote understanding as they go through the journey of dementia.

If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.



#### Passing the time

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

### Where is that quiz on a separate page.

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

#### Joke of the day

Why are fish so smart?

Because they live in schools.

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks.

Grace

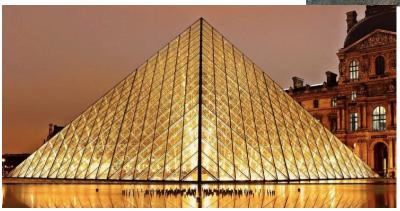
Enrichment for the Elderly



## Name the place and country of the picture













## Name the place and country quiz answers



Taj Mahal, India

Coliseum, Italy



Louvre, France



Leaning Tower of Piza, Italy



Machu Pichu, Peru



