

May 18th 2020

Partnership Support for remote working

Good news

Watch and listen to interesting talks around many different issues to stir your curiosity at <https://www.ted.com/talks>.

The community helpline number for support with medications, shopping or any other difficulties call 0114 273 4567 this line is open 8.45am- 4.45pm.

How can you help?

Spend some time 3-4-5 breathing today.

Your Questions answered

Many people I talk to who don't have access to the internet have found that they are not connecting with friends in the same way. How can I encourage these connections to continue through the pandemic?

This can be really tricky as many people are not having the incidental connections that they may have had with people before the pandemic. The person who you talk to in the group for a short period of time as you walk past them to your seat or the person you see briefly at the supermarket. These interactions can struggle to be re-created when a person is offline.

Why not encourage people to who are happy to swap phone numbers and pick up the phone to each other?

If people are happy to, why not share how different people are getting on through lock down when you call them?

You could encourage people to become pen pals by swapping letters regularly, using yourself as an intermediary so that addresses don't need to be exchanged.

If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.

Passing the time



I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

Why not do some bird spotting out of your window?

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

Joke of the day

Why is Cinderella so bad at football?

Because she is always running away from the ball.

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly

Garden bird detective



				
Chaffinch	Greenfinch	House sparrow	Blackbird	Blue tit
				
Goldfinch	Great tit	Collared dove	Starling	Wood pigeon

www.wildlifewatch.org.uk

Pictures: Chaffinch and Greenfinch (c) Gillian Day / House sparrow (c) Stewart McDonald / Blackbird (c) Neil Aldridge / Blue tit, Goldfinch and Great tit (c) Amy Lewis / Collared dove (c) Ian Rose / Starling (c) Joan Burkmar / Wood pigeon (c) Steve Waterhouse