

May 29th 2020

Partnership Support for remote working

Good news

Visit the Italian coasts from your sofa at
<https://www.youtube.com/watch?v=Xf5QTs2NLRc>.

There is a national COVID-19 Bereavement support Helpline which is open between 8am and 8pm. The number is 0800 2600 400.

How can you help?

Act Sheffield are requesting information about anything that supports people in the community online.

Your Questions answered

A lot of people I am calling are struggling with supporting people with dementia when they have professional carers going in or they are in a care home as they have no way to touch base with the person. What can I suggest?

Create connection with the care company whether home care or a care home and ask whether they can keep you connected to the person with dementia in a variety of different ways.

It's important to acknowledge that time might be an issue for professional carers as they support people through staff illness and time restraints.

Creating a positive relationship can be integral though which can be encouraged by notes of thanks and regular communication particularly with a professional carer who attends regularly involving the person with dementia throughout the process.

Support the person to highlight the importance of little bits of interaction and how this can be supported by the professional carers. First of all, consent should be given regarding information sharing from all parties. Can it be that a photograph of the person with dementia is sent to the family member and visa versa, a quick text about how the person is today or a joke is shared? Is there a way of sharing more detailed notes when possible through a portal or app?

Some care homes and home care providers have portals which family members can log in and see, sometimes it can be important to just ask the question.

Can the person you support, time their drop offs for when the carer is there to have a quick chat or in-between to enable more time with other people for the person living with dementia?

If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.

Passing the time

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

Thoughts and actions handprint see separate sheet.

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

Joke of the day

What did the traffic light say to the car?

Look away I'm about to change.

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace
Enrichment for the Elderly



Handprint

Fill your handprint with your thoughts and actions today. This could be in words, pictures or both.

