

June 2nd 2020

## **Partnership Support for remote working**

### **Good news**

Jason Manford's show 'Muddle Class' will be on BBC one on Friday 12<sup>th</sup> June at 22.45pm.

Watch videos of the past exploring sport, fashion and interests from British Pathe on you tube. Just search British Pathe or go to <https://www.youtube.com/channel/UCGp4u0WHLsK8OAxnvwiTyhA>

### **How can you help?**

Write down something good you have done today.

### **Your Questions answered**

**I am finding it really difficult in the current climate to feel like I am doing anything of any value to support people living with dementia as I cannot see them face-to-face or offer respite which is what some carers need right now. What should I do?**

It can be very difficult to support people living with dementia and their carers in the current climate when working socially distanced from them and only being able to make regular phone call or online provision which doesn't suit some people.

It is important to realise that you are doing the best you can to support people remotely in these particularly difficult times and this is really valid.

I personally have been blown away by the work that people have been doing for people living with dementia and their carers in Sheffield as you work with humility and empathy.

If you feel comfortable share some of your experiences in the link worker zoom meetings. Together we can explore different ways of supporting people with the guidelines in place and also look at ways to support people as the restrictions are changed and relaxed.

*If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.*

## **Passing the time**

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

### Tunnel Games

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

## **Joke of the day**

### **Why was the broom late?**

#### **Because it over-swept!**

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly

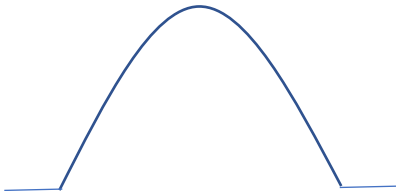
## Tunnel Games

You will need some card, tape, some rolled up socks and a hard surface such as a table.

1. Fold over the long edges of the piece of card by around 2cm.



2. Tape the folded over edges to the hard surface, this should create a tunnel.



3. See whether you can roll the socks through the tunnel you have created.
4. Cut another piece of card to different lengths and tape them to the hard surface. Different tunnels can be for different points depending on length.
5. What is the highest score you can get?
6. What trick shots can you do?