

June 4th 2020

Partnership Support for remote working

Good news

BBC proms will still go ahead this year across BBC radio, TV and online with the last night at the proms being on TV with or without an audience on 12th September.

Watch earth from the International Space Station at https://www.nasa.gov/multimedia/nasatv/iss_ustream.html.

How can you help?

The Art House is asking for donations to keep their doors open. To donate follow the link <https://www.arthousesheffield.co.uk/covid-19-closure-updates/>.

Your Questions answered

I don't have enough people in my area who can attend something online to create my own session, how can I tap into things that other people are doing online?

Some workers across the city do have only provision that they are happy to include others from different areas into so please let me know whether this affects the people you support. This provision is not just dementia specific and so it can be helpful to explore the interest of the person you are supporting to link them into the best online content for them. This can include Zumba, choir, tai-chi and many others.

There are also national opportunities for online provision including singing for the brain. We can always work together to support people's interest online.

Can you make sure that people are able to join in online by sending out appropriate materials via post such as paint/ card/ sunflower seeds?

If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.

Passing the time

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

Make some paper flowers

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

Joke of the day

Why can't your hand be 12 inches long?

Because then it would be a foot!

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

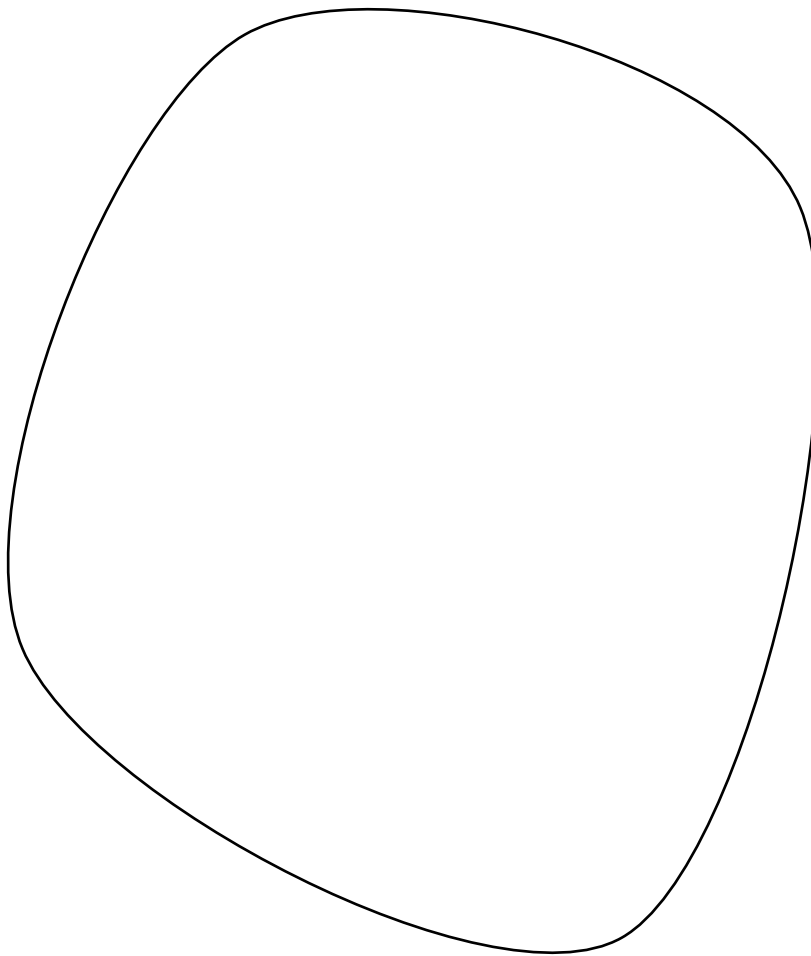
Grace

Enrichment for the Elderly

Make some paper flowers

You will need scissors, paper/pipe cleaner or straw, tissue paper, pen.

1. Take a piece of (green if possible) paper and roll it tightly length ways to make the stem or use a straw or pipe cleaner.
2. Colour one end of the stem black with a pen.
3. Cut out the following shape at least 3 times in your chosen colour of tissue paper.



4. Push the black coloured stem through the middle of each shape you have cut out in tissue paper.
5. Scrunch the tissue paper together and then arrange them to look like petals.
6. Fold over the paper stem where the petals are.
7. Repeat the steps to create a bunch.