#### Partnership Support for remote working

#### Good news

Tobias who is 9 years old and has Cerebal Palsy in Sheffield has raised £126,000 for Sheffield Children's hospital and Sheffield PACES by using his walker to walk a marathon.

You can get a free mask from Sheffield MASK appeal on Facebook.

#### How can you help?

Thank an unpaid carer for what they are doing or have done in the past.

#### Your Questions answered

# Some of the people I support are caring for people who are now living in care homes can they visit?

Care Homes are starting to create safe visiting practices so it is worth exploring what the particular care home has in place.

If the document isn't ready yet, it is worth calling the care home to explore visiting. Whether it is appropriate, what it would look like and where it would suit both parties.

It is important to explore the risks to both sets of people in the situation and look at how this will be affected by the potential visit.

If a visit doesn't go ahead it can be useful to explore the different ways of keeping in touch remotely and how this can be facilitated in a way that supports all parties.

Through the Dementia Advice Service in Sheffield, Age UK and Enrichment for the Elderly are looking to support visits where possible to care homes. Creating a best practice guide.

If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.



#### Passing the time

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

#### Star Gazing

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

Joke of the day

Why did the student eat his homework?

#### Because the teacher said it would be a piece of cake!

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks.

Grace

Enrichment for the Elderly

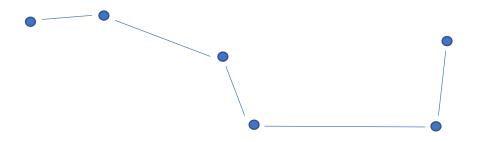


# Star gazing

Find a comfortable spot to look out of your window or to sit in your garden. Turn the lights off and stare up into the night sky.

#### Look out for:

# Ursa Major



# Orion's belt



# Orion's Bow

