

June 10th 2020

## **Partnership Support for remote working**

### **Good news**

You can watch lost chord concerts online on YouTube by searching lost chord dementia charity or following this link

[https://www.youtube.com/channel/UCm\\_xTmuKZFnhL5LiyVFxAjA](https://www.youtube.com/channel/UCm_xTmuKZFnhL5LiyVFxAjA).

Can you share a recipe with a friend over the phone and then ask them to share one with you too?

### **How can you help?**

Explore the term carer with someone you support today. Do they use the term to describe themselves? If not, why not? What support can they access as a carer?

### **Your Questions answered**

**Phone calls have not suited all the people I support through lockdown, especially with Dementia. My organisation is now supporting socially distanced door-step visits. How can I make sure I provide them to the people who need them most?**

Explore with your organisation what socially distanced visits may look like, as its important for you and the person you are visiting to understand what might occur during them and how to minimise the risks. This could include sending out a letter before the visit to share what is to be expected.

It can be important to note the different in time that might be spent on a face-to-face visit rather than a phone call, so it's best to look at this before offering the visits out to more people than you can in the time you have.

Ask the people you are supporting whether a socially distanced visit may be helpful- not everyone would like this different form of contact and some people may not want to take the added risk that this provides.

*If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.*

## **Passing the time**

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

### Wax and paint pictures

Draw an outline picture with a wax crayon, it is best if you use a white wax crayon for this.

Then paint over it to create the coloured background.

You could draw the outline of a fish and what you might find in the sea to then paint over it with blue paint.

You could draw the outline of beach scene and then paint the sea and beach over it with blue and yellow paint.

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

## **Joke of the day**

### **How do you stop an astronaut's baby crying?**

**You rocket!**

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly

