

June 11th 2020

Partnership Support for remote working

Good news

If you are shielding at the moment and would like to record an audio diary for BBC Radio Sheffield contact them on 0114 273 1177.

Watch discussions and clips from last years doc fest on https://www.youtube.com/channel/UCw1Dr4_KuJkATNRm1m3VTSg or search Sheffield Doc Fest on you tube.

How can you help?

Ask people you support how you can support them as carers? What helps? What doesn't?

Your Questions answered

I feel that the experience of the pandemic has not been linear, I sometimes have days where I feel everything is OK and then suddenly have days where I feel that things are overwhelming how do I explore this with the people I support?

A great way to capture how people you are supporting are feeling can be to ask that person and to openly ask the person how they are feeling relating to previous experience. This could look like the following:

I am just ringing to check in with you. How are you today?

How does that compare to last week?

Are you feeling that things are getting better or worse?

What might I be able to do to support you?

What makes you feel better or more in control?

Is this something you can build into your week/day?

It can be important to share some of your own experience with the pandemic if you feel comfortable.

If you are sending out activity packs can you ask people to plot their experience on a timeline?

How can you learn from the experiences of people and better implement support should be experience a second wave or if someone after the pandemic needs to spend a longer period of time at home?

If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.

Passing the time

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

Who stole the Jam Tarts?

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

Joke of the day

Why are ghosts bad liars?

Because you can see right through them!

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

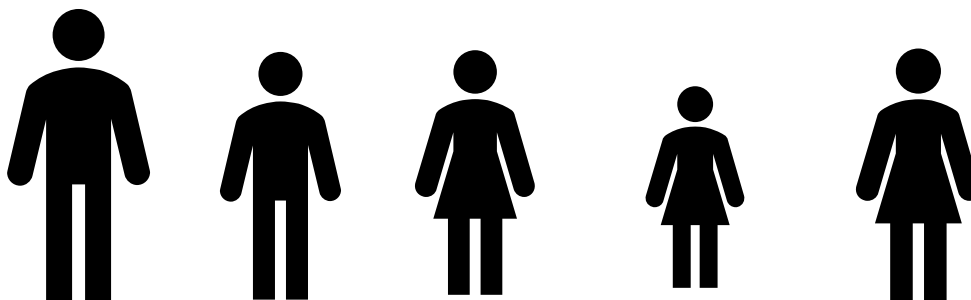
Enrichment for the Elderly



Who stole the jam tarts?

Earlier today someone ate the jam tarts I left on the side. They left only crumbs and a splodge of jam where the jam tarts were.

Can you work out who stole them?



Name

The one in the middle is called Christa.

The tallest is called Chris.

To the right of Chris is Christie.

Chrissy is the smallest.

Christine is at the other end to Chris.

The one at the other end to Chris was feeling sick.

The one to the right of Chris was sick of his indigestion.

The smallest said she was already eating a hamburger.

Peter was reading.

The middle one said it couldn't be her as she had already eaten some crisps.

Use the first letter of the excuses and rearrange to work out who stole the Jam Tarts and circle them above.