#### Partnership Support for remote working

I hope to give you all a call this week so please let me know what number and time/day is best.

### **Good news**

For those people who can connect to the internet the National theatre will put a new show on you tube weekly on Thursday at 7pm. You will be able to watch it for a week until it is swapped for another show the following week. Just search National theatre at home on you tube.

People are arranging their own remote coffee mornings in their street. Standing or sitting in the doorways or gardens with a cup of tea or coffee chatting to each other from a safe distance.

#### How can you help?

Archer project in Sheffield is looking for donations during the pandemic you can support with food or donations. www.justgiving.com/campaign/homelesscovid19appeal

#### Your Questions answered

# Some people are asking whether they should be shielded for 12 weeks as they haven't received a letter from their GP.

If a person feels like they should have received a letter but haven't I would suggest they call their GP to see whether they have been missed off the list for whatever reason.

These letters are for the most vulnerable people and strongly encourage people to shield themselves from others for 12 weeks from the letter date. This means that the person should isolate from others, not going out and having things delivered. If they live with someone else where possible, they should live ultimately separately, including in separate beds.



If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.

## Passing the time

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.

Why not encourage people you call to create a poem with the following starts:

It feels..... It tastes..... It smells..... It looks..... It sounds.....

Or

Listen to the radio and write down the first line of 10 song they play. Reorder these into a poem.

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

## Joke of the day

What did one plate say to the other plate?

Dinner is on me!

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.



Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly

