

May 5th 2020

Partnership Support for remote working

Good news

The listening ear service is available for anyone in Sheffield who has lost a loved one and needs support, advice or guidance. Call 0800 048 5224.

Access the national museum online at
<https://www.nhm.ac.uk/visit/exhibitions/nature-live.html>

How can you help?

Check in with a co-worker to see how they are doing today.

Your Questions answered

When I call, some people don't remember who I am or what the organisation is that I am calling from. This can mean that the person doesn't want to talk to me. What should I do?

If you can why not send a letter out first to the person you are going to ring. This letter could have a picture of you on it and a picture of a recognisable part of your organisation or where you usually meet. You can then refer to this letter when you make the call.

If you can't do this, give some helpful tips as to where you are from or experiences you have shared but don't spend too much time trying to get the person to remember if they are struggling to.

Focus on building a positive rapport and even if that is in short conversations that are more regular.

If you have any other questions regarding supporting people living with dementia through the pandemic, please contact me so I can help share best practice between different areas of the city.

Passing the time

I understand that many of the people you support will suddenly have lots of time on their hands so in this section I will share different ways to pass the time.



Why not make a face mask and have a relaxing time?

What you need: Natural yoghurt and honey.

1. Mix together 1 tablespoon of natural yoghurt with 1 tablespoon of honey.
2. Spread over your face, leave for 10 minutes.
3. Wash off with warm water

Always try the mixture on a little patch of skin first.

If you don't want to do a face mask, try it on your hands instead it will work just as well.

Let me know if you want to share your own with other partnership organisations and I can do this in your next support document from Enrichment for the Elderly- sharing is caring after all!

Joke of the day

What did the left eye say to the right eye?

Between you and me something smells!

I hope you have found this document useful. If there is anything that I should add or remove as a feature for next time, please let me know as I want to make it as helpful as possible for you. If you want to share your best practice, please let me know too.

Thanks for all that you do in making a big difference to people living with dementia and their carers.

Please take care of yourself and if there is anything, I can do to help please let me know.

Thanks,

Grace

Enrichment for the Elderly