

South West Sheffield Timetable

February 2026



Please check with the primary contact to see if the session is running.

| Activity | Venue | Primary Contact |
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| Bents Green Rosemary Memory Café (dementia targeted): a welcoming social space for people living with dementia. | Bents Green Methodist Church, Ringinglow Road, S11 7PU - Thursdays - 1 st and 3 rd Thursday of the month | Hannah West Hannah.West@ageuksheffield.org.uk Tel. 07825 597948 |
| Calmly Create: the main objective of the sessions is for patients who may be experiencing stress, anxiety, loneliness to create something crafty in a warm, calm and welcoming environment. | Fulwood Old Chapel School Room, 8 Whiteley Lane, S10 4GL - Wednesday (monthly). This group is only for patients of surgeries within the Porter Valley Primary Care network: Greystones, Falkland Road, Rustlings Road, The Hollies, Nethergreen, Carterknowle and Dore. | To sign up and to get more information please speak to the reception staff at your surgery. South Yorkshire Chaplaincy and Listening Service 07903 899751 sycls@sycls.co.uk |
| Carers' activities: Sheffield Carers Centre runs a range of regular activities to support carers. | Various venues | Sheffield Carers Centre - 0114 278 8362 Carer Activities Sheffield Carers Centre |
| Coffee and Exercise Classes Variety of gentle exercise sessions, mainly chair-based, combined with refreshments. All weekly. CWS also offer a range of exercise classes at their gym at 863 Ecclesall Road, including a Parkinson's Gym Class. | <ul style="list-style-type: none"> ✚ Bradway Community Hall - Monday 10.30 -11.30am ✚ Fulwood Old Chapel - Monday 10 - 11am ✚ Dore and Totley United Reformed Church - Monday 1.30 - 2.30pm ✚ Crosspool Scout Hut, Benty Lane Tuesday 10.45 - 11.45am ✚ Westminster TARA, 53 Westminster Crescent Wednesday 10.30 - 11.30am ✚ Totley Library/CRIC - Thursday 12 - 1pm ✚ St Peter/St Oswald's Abbeydale Road - Friday 10.30 - 11.30am | Community Wellness Services (CWS) 0114 553 7807 info@cwsk.ltd |
| Creative Writing Group - Ecclesall | Ecclesall Library 1 st & 3 rd Tuesdays, 10.15 - 11.45 | Kim Stephenson kimwordbird@gmail.com |

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| Crosspool Memory Café: a welcoming space for people living alone, people with memory issues and their supporters | St Columba's Church, 503 Manchester Road S10 5PL 4 th Wednesday of the month | St Columba's Crosspool 0114 267 0006 admin@stcolumbacrosspool.org.uk |
| Dance to Health Sheffield: gentle dance classes for all abilities | St Augustine's Church, Endcliffe- multiple days of the week | Charlotte Bridle charlottebridle@ae-sop.org 07942 276312 |
| Dore and Totley Rosemary Memory Café (dementia targeted) - a welcoming social space for people living with dementia. | Dore Methodist Church Hall – Tuesdays - 1 st and 3 rd Tuesday of the month | Hannah West Hannah.West@ageuksheffield.org.uk Tel. 07825 597948 |
| Dore Welcoming Space - meet others and have fun. Refreshments provided. | Dore Methodist Church Hall - Wednesday (weekly) 10.30am to 1pm. | No booking requirement, just drop in: Welcoming Space - Dore Church |
| Fulwood coffee and games morning: dementia friendly: - a welcoming social space for people living with dementia. | Fulwood Scout Hut, Fulwood Rd - Tuesdays (2 nd and 4 th Tuesday of the month) | Hannah West Hannah.West@ageuksheffield.org.uk Tel. 07825 597948 |
| Get to Grips with your Computer and Smart Phone drop-in classes | Ecclesall Library - Fridays (weekly) 10.30 - 12.30 | Paul May, MECK Community Group 0114 236 9333 maypaul61@gmail.com |
| Millhouses, Ecclesall and Carter Knowle Community Group: Social group - refreshments, games and chat. | The Robin Hood Pub, Millhouses Lane - - Mondays (weekly), 3 - 5pm | Paul May – 0114 236 9333 maypaul61@gmail.com |
| Singing Teapot Choir - weekly singing group for all abilities. | Dore and Totley United Reformed Church - Tuesday (weekly), 10.30am; cuppas from 10am. | Yo Tozer Loft - call/text 07925 634420 |

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| South West Friendship Lunches: book onto one of our local friendship lunches and enjoy great food and entertainment. | Crosspool Tavern, Crosspool - monthly, 2 nd Monday Cross Scythes, Totley - from Monday 10 th November 2025 Crown Inn, Totley - second Monday The Ball, Crookes - monthly, 1 st Tuesday Three Merry Lads, Lodge Moor - dates to be confirmed | Crosspool Tavern 0114 266 2113 Cross Scythes via Kathy 0772 952 8844 Crown Inn 0114 236 0789 The Ball Inn 0114 266 1211 Three Merry Lads 0114 327 2700 |
| Sporting Chatter / Sporting Chatter films: A social group who come together to discuss all things sport. | Dore and Totley United Reformed Church - First and third Fridays | Mike Pettitt T: 0750 306 0990 or alternatively Richard Pitts Tel: 0773 970 0567 |
| Table Tennis | Bradway Community Hall - Thursday and Friday (weekly) Contact Jan for times. | Jan – 07787 954842 0114 418 6463 |
| Totley Library Cinema | Totley Library/CRIC - - monthly on Thursdays | Totley Library 0114 236 3971 |
| Totley Natter Coffee Morning: a welcoming space to meet new people and enjoy cakes and coffee. | Totley Library/CRIC - Thursday (weekly) | Totley All Saints Church - 0114 236 7627 |
| Totley Rise Welcoming Places Coffee Morning - free coffee and biscuits | Totley Rise Methodist Church, 1 Grove Road, Totley S17 4DJ Tuesdays 10am - 12pm | Collette Duke collette.duke@sky.com |
| Well with Nature Coffee, nature wellbeing chat and mindfulness. | A venue in Totley, Mondays 11 am-12:30 pm Phone to book a place. | Caroline Cook 07583 551705 caroline@wellwithnature.uk |
| Welcome Places Timetable: - warm welcomes at a wide range community venues. | Various venues across South West Sheffield | Weekly timetable - follow the link on the Age UK Sheffield website: Welcome Places |