Community support if you are affected by **Dementia**

65s and over in Sheffield

NHS South Yorkshire Integrated Care Board

Sheffield City Council

For 65s and over with Dementia, and their family members, supporters and unpaid carers

What you might want

- Dementia information from trained workers
- Ongoing social connection
- Support from others in a similar situation

Who to contact

Dementia Advice Sheffield
Dementia Advice Sheffield
(0114) 250 2875
https://www.ageuk.org.uk/sheffield/our-services/das-dementia-advice-sheffield2/

You'll be connected to your local…

People Keeping Well dementia community support organisation
PEOPLE KEEPING WELL PKW IN THEIR COMMUNITY
www.sheffielddirectory.org.uk/dementia

Support you will receive

- 6-monthly check-in call to see how you are
- Dementia information from a trained dementia link worker
- Invitations to Memory Cafes, dementia-friendly groups (eg music, exercise, craft, gardening, culturally-specific) and Dementia Carer groups

For 65s and over with Dementia

- A dementia-friendly place to regularly spend the whole day
- Interesting and tailored activities to suit you
- A break for your unpaid carer

Do you require help with care or support? (Eg daily tasks, eating meals, managing toileting needs).

No

Age UK Sheffield
(0114) 250 2850
Sheffield age UK

Dementia Wellbeing Centres
Sheffield age UK

Yes

Social Worker or Adult Social Care
(0114) 273 4908
Sheffield City Council

Dementia Day Activities
Sheffcare enriching lives
Care2Care Services
Darnall Dementia Group

For family members, supporters and unpaid carers

- Carer information
- Peer support
- Listening ear

CROSS ROADS CARE Charity

Sheffield Carers Service

0114 272 8362

https://www.sheffield-carers.org.uk/

- Carer advice line
- Carer Assessment
- Carer Card
- Newsletter
- Planning for emergencies

Tips and training to care for a family member with dementia

Alzheimer's Society

Sheffield Alzheimer's Society

0114 276 8414

sheffield-enquiries@alzheimers.org.uk

Alzheimer's Society
Sheffield Dementia Carers Training Service
(6 workshops)