







Dementia non-medical awareness and training for professionals/volunteers in Sheffield

NB: These should not replace mandatory training

	Raise your dementia awareness	Gain dementia understanding	Gain dementia specific knowledge	Become a dementia-friendly organisation
Session name	Dementia Friends 	Dementia Stars (Bronze, Silver and Gold) 	Dementia Advice Sheffield (DAS) Workshops 	Sheffield Dementia Action Alliance 
Who the session is aimed at	Everyone who doesn't already have extensive engagement with someone living with dementia	Anyone in Sheffield who supports a person with dementia through their job or volunteering role	Any professional or volunteer in Sheffield who supports someone living with dementia	Organisational staff in Sheffield wanting to make a difference for people living with dementia
Description	Awareness session delivered by volunteers who are trained by the Alzheimer's Society to deliver information sessions about dementia. Please note, this is 'awareness' only, not 'training'.	Experiential and interactive, puts attendees in the shoes of a person living with dementia. Designed to be taken in order. Covers themes such as how dementia may impact behaviour, senses and memory, and what participants can practically do to better support people living with dementia.	Interactive and experiential. Gives further understanding around dementia through specific topics. Workshop themes come from professionals' queries who get in touch with DAS. Previous topics have included: 'Sex and Dementia' and 'How to support someone with dementia on the phone'.	'Why join the SDAA' workshops explore what the SDAA is, what you can do to better support people with dementia and how SDAA can help. Regular members workshops can then be accessed.
Length of session	45 mins to 1 hour	3 x 2 hours	2 hours (each one-off session)	2 hours per session
How to book	https://www.dementiafriends.org.uk	https://www.ageuk.org.uk/sheffield/our-services/dementia-advice-sheffield/das-training/	https://www.ageuk.org.uk/sheffield/our-services/dementia-advice-sheffield/das-training/	https://www.ageuk.org.uk/sheffield/our-services/sdaa/