**DEMENTIA CAFÉ VOLUNTEER**

**ABOUT THE ROLE**

We currently have two dementia cafes in the city: Dore (S17) and Bents Green (S11). These are welcoming and non-challenging environments where people with dementia and their carers come to chat, drink tea, and interact in a small activity, such as singing or doing a jigsaw.

Being a café volunteer can involve:

* Setting up and clearing away the space, i.e. tables and chairs
* Help preparing the main activity
* Making tea/coffee, preparing snacks
* Wiping tables and washing up
* Welcoming and taking coats
* Engaging with customers, being supporting and sociable

**BENEFITS TO YOU**

* Opportunities to meet new people in your community
* Opportunities to develop self-confidence, and experience with people living with dementia
* The satisfaction of knowing you will be making a difference to the lives of vulnerable older people
* Reimbursement of out of pocket expenses

**THE SKILLS YOU’LL NEED**

* Professional, friendly and outgoing manner
* Ability to work using your own initiative
* Commitment to work within Age UK Sheffield guidelines
* Willingness to learn about the range of our services

**ADDITIONAL INFORMATION**

* LOCATION: Dore and Bents Green
* TIME COMMITMENT: approx. 3 hours per fortnight
* RESPONSIBLE TO: Dementia Cafe Manager
* EXPENSES: Travel expenses will be reimbursed.
* TRAINING: Ongoing training is provided