Thank you for your interest in becoming part of our volunteering team at Age UK Sheffield. Volunteers play an important part in supporting over 12,000 older people each year, and there are lots of ways you can get involved. This form provides us with the information we need about your skills, interests and availability to help us find the right role for you.

Please complete this form and return it to [volunteering@ageuksheffield.org.uk](mailto:volunteering@ageuksheffield.org.uk) or:

Age UK Sheffield, South Yorkshire Fire & Rescue, 1st Floor, 197 Eyre Street, Sheffield, S1 3FG

Please contact us on 0114 250 2850 if you have any questions.

**PERSONAL DETAILS**

|  |  |  |  |
| --- | --- | --- | --- |
| First Name:  Last Name: | | Telephone: | |
| Address:  Post code: | | Email address: | |
| Date of Birth: | |
| Transport *(walk, public, car)*: | | | |
| Sex/Gender: | | Ethnicity: | |
| Do you have any medical conditions that could affect the role you are applying for?  NO  YES *– if yes please provide more details:* | | | |
| **Where did you hear about volunteering with Age UK Sheffield?** | | | |
| Word of mouth | Age UK Sheffield Website | | Internet site – which one? |
| Social Media (please specify) | Sheffield University of/Hallam | | Event |
| Leaflet or poster | Voluntary Action Sheffield VAS | | Other (please specify) |

**EMERGENCY CONTACT DETAILS**

|  |  |
| --- | --- |
| Name: | Relationship to you: |
| Address: | Phone number: |

**VOLUNTEER ROLES**

Please tick the volunteering role(s) you are interested in. You can find more information about each role on our website [www.ageuk.org.uk/sheffield/get-involved/volunteer/](http://www.ageuk.org.uk/sheffield/get-involved/volunteer/), or contact us at [volunteering@ageuksheffield.org.uk](mailto:volunteering@ageuksheffield.org.uk) to receive a more detailed role description.

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| **DEMENTIA SUPPORT** | |
|  | **Wellbeing Centre**  Help to provide stimulating and enjoyable activities for older people with memory loss.  *When/Where? Monday to Friday 10am-3pm in Norfolk park (S2)*  *Monday to Thursday 10am-3pm in Hillsborough Park (S6)*  *Mondays 10am-3pm at Clifford House (S11)*  *Fridays 10am-3pm in the Botanical Gardens (S10)* |
|  | **Dementia Café**  Roles involve serving refreshments, taking part in activities (e.g. craft, puzzles, singing) and chatting to our clients and their carers.  *When/Where? 1st and 3rd Tuesday of the month 1-4.30pm in Dore (S17)*  *1st and 3rd Thursday of the month 1-4.30pm in Bents Green (S11)* |
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| **RETAIL / CHARITY SHOPS** | |
|  | **Front of House**  Roles involve helping customers, operating the till, creating window displays, etc  *When/Where? Monday to Saturday 9am–5pm in Broomhill (S10), Bradway (S17), Abbeydale Road (S7) or Banner Cross (S11)* |
|  | **Back of House**  Variety of roles, e.g. steaming, sorting and preparing donations, stock management  *When/Where? Monday to Saturday 9am–5pm in Broomhill (S10), Bradway (S17), Abbeydale Road (S7) or Banner Cross (S11)* |
|  | **Online Shop (Ebay)**  Role involves pricing donated items, taking photographs and packing sold items  *When/Where? Monday, Tuesday, Thursday; Head Office in Sheffield City Centre (S1)* |
|  | **Online Shop (Vinted)**  Role involves hanging, steaming and moving stock for Vinted; packing sold items  *When/Where? Tuesday; Broomhill (S10)* |
|  | **Driver**  Role involves driving our van to move stock  *When/Where? Flexible, across Sheffield* |
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| **BEFRIENDING** | |
|  | **Steel City Friends (in person and/or telephone)**  Offer companionship, confidence-building and support with an older person who is lonely and/or isolated  *When/Where? Flexible, City-wide* |
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| **GATHERING GROUND (Hillsborough Park)** | |
|  | **Meet and Greet Volunteer**  Welcome visitors and engage with them, whilst they wait to receive advice from our benefit checks team.  *When/Where? Tuesdays 10am-12pm in Hillsborough Park (S6)* |
|  | **Coffee Morning Volunteer**  Welcome visitors, offer refreshments, provide information on our spaces, offer to chat or play a boardgame.  *When/Where? Thursdays 9.30am-12.30pm in Hillsborough Park (S6)*  *2nd and 4th Tuesday of the month 9am-12.30pm in Fulwood (S10)* |
|  | **Running Group Volunteer**  Support our running/strength training group for older runners, enabling older runners to run without injury.  *When/Where? Mondays 10am-12pm in Hillsborough Park (S6)* |

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| **OFFICE BASED ROLES** | |
|  | **Social Media Volunteer**  Support the Marketing Officer in developing and delivering engaging social media content that promotes our services, events, and campaigns.  *When/Where? flexible; Head Office in City Centre (S1) + remote* |

**RELEVANT SKILLS AND EXPERIENCE**

Please tell us why you are interested in the role/roles you have selected and how you would use your previous experience and skills within the role.

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| **AVAILABILITY**  Please inform us when you are able and willing to volunteer (e.g. which days of the weeks, which time of day) |
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**REFERENCES**

Please provide the names and details of two people who can provide character references for you. One should preferably be a manager or colleague from your current or most recent paid or voluntary work. The second may be someone who knows you well e.g. teacher, key worker, family member, social worker, neighbour.

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| --- | --- |
| **PROFESSIONAL REFERENCE** | **PERSONAL REFERENCE** |
| Name: | Name: |
| Address: | Address: |
| Telephone: | Telephone: |
| Email: | Email: |
| Relationship to you: | Relationship to you: |

**DECLARATION OF CRIMINAL RECORDS AND DISQUALIFICATIONS**

Please give details of any criminal convictions, caution or warning you have, including those normally considered as spent under The Rehabilitations of Offenders Act (1974) including date of conviction. Please note that applications are treated individually and that having any criminal convictions will not necessarily disqualify you from volunteering. All volunteer roles require a DBS (Disclosure and Barring Service) check.

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| PRINT NAME |  |
| SIGNATURE |  |
| DATE |  |