

## Useful Numbers & Contacts in Telford & Shropshire

<b>Age UK Shropshire Telford &amp; Wrekin:</b>	<b>01743 233 123</b>
<b>Shropshire First Point of Contact (for adult social care)</b>	<b>0345 678 9044</b>
<b>Telford &amp; Wrekin Adult Social Care</b>	<b>01952 676 500</b>
<b>Non-urgent medical advice</b>	<b>111</b>
<b>Silverline</b>	<b>0800 4708 090</b>
<b>Samaritans</b>	<b>116 123</b>
<b>Family Connect, Telford</b>	<b>01952 385 385</b>
<b>Telford Crisis Network Support Line &amp; Food Bank</b>	<b>01952 459 258/ 0300 124 0365</b>
<b>Shropshire Memory Service</b>	<b>0300 3033 426</b>
<b>Telford &amp; Wrekin Memory Service</b>	<b>0300 3031 601</b>