

KS2 Citizenship

Lesson Plan: Spread the Warmth

Learning Objectives:

In this lesson, students will:

- Discuss the challenges that older people in their community face in keeping warm and healthy in the winter.
- Understand how older people can stay warm in their own homes.
- Select what they think are the best ways for keeping warm and share that advice.

You will need:

- Whiteboard
- Keeping Older People Warm information booklet
- Paper and felt-tips/coloured pencils

| | Activity | Time | Citizenship key concepts |
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| Starter | <p>Introduce lesson – tell students they are going to think about how older people can find it difficult to stay warm and healthy in the winter.</p> <p>Ask students why this might be the case. Note their ideas on the whiteboard.</p> <p>Suggestions could include: they find it difficult to afford heating (develop this and ask why?), they may have health problems which means they are not very active and so get cold, they might live in houses that are cold (develop this).</p> <p>If you have time watch Age UK's video at https://goo.gl/ZlwgS6</p> | 5 mins | 1a, 2a, 2j, 4a, |
| Development | 1) Give out info booklet. Ask students to read through first three pages in pairs and then discuss anything which | 5 mins | 1a, 1c, 2a, 4a |

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| | <p>surprises them or that they don't understand. Ask them why older people might be reluctant to admit they are cold.</p> <p>2) Ask them to read the last page in their pairs. This has advice for keeping older people warm and explains how Age UK Shropshire Telford & Wrekin can help. Can they think of anything else that would help older people to stay warm?</p> <p>3) Ask students to create a poster that has 5 top tips for older people about keeping warm in the winter. They will need to select what they think is the most important from the list on the back page of the booklet.</p> | <p>5 mins</p> <p>30 mins</p> | <p>2h, 4g</p> <p>1a, 1c, 1f,</p> |
| Presentation | Invite some students to show their poster to the rest of class and say what advice they have given. | 10 mins | 5b |
| Plenary | <p>Recap what students felt were the most important points for keeping warm.</p> <p>Ask who can recall what are the main issues that mean older people in Shropshire can find it hard to keep warm.</p> <p>Talk about where their posters could be displayed so that older people will see them.</p> | 5 mins | 1a, 2f |
| Follow up ideas | <ul style="list-style-type: none"> Take part in Wear It Woolly in February – your school will be sent information about this and the assembly presentation contains more details about it. Contact Age UK STW to find out how your class/school could develop links with a Day Centre close to you. | | <p>5d,</p> <p>5f</p> |