

# April Activity Pack

Filled with lots of Easter themed quizzes, colouring, recipes, poems and much more.

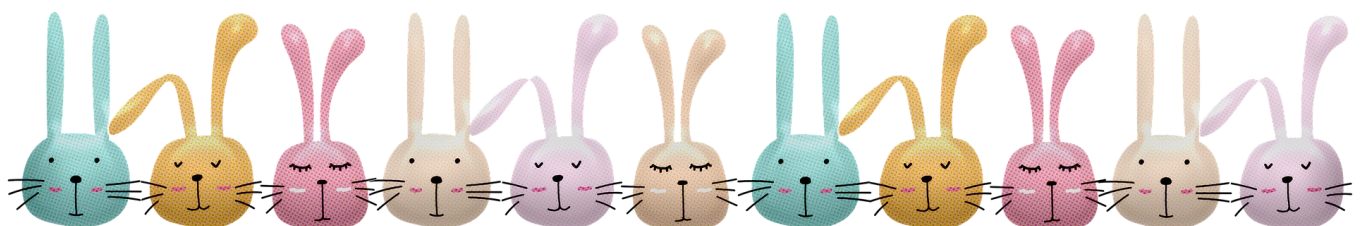
Created by the Age UK Shropshire Telford & Wrekin Day Services Team





## Easter Quiz

1. Easter Sunday always falls on the first Sunday after the full moon following the spring equinox. True or False?
2. What name is given to the Sunday before Easter?
3. What item of clothing is particularly associated with Easter parades?
4. Which fruit cake with two layers of marzipan is traditionally eaten at Easter?
5. On what day are hot cross buns traditionally eaten?
6. Which Russian jewellery firm is famed for designing elaborate jewel encrusted eggs?
7. Easter Island belongs to which country?
8. How long does lent last for?
9. What does Maundy Thursday honour?
10. In which ocean is Easter Island a province?
11. What meat do we traditionally eat at Easter?
12. What is a female rabbit called?
13. Which Scottish Football Club plays it's home matches at Easter Road?
14. How many disciples joined Jesus at the Last Supper?
15. When do we eat Hot Cross Buns?



## Chocolate Slogans

1. The lighter way to enjoy chocolate
2. Feel the bubbles
3. The taste of paradise
4. Get some nuts!
5. Why have cotton when you can have silk?
6. It's not for girls
7. Soft on the inside, crunchy on the outside
8. Take it easy
9. It's not Terry's, it's mine
10. And all because a lady loves.....
11. Have a break, have a .....
12. A glass and a half in every pound
13. Mr Ambassador... you are really spoiling us
14. P-p-p-pick up a .....
15. A hazelnut in every bite
16. It's full of Eastern promise



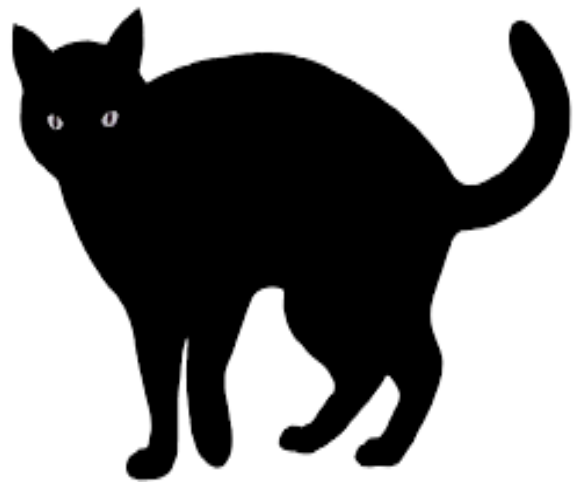
How many number 3's can you find in the picture below?



## Jack the Cat Book 2 – Chapter 1

If you haven't heard of Jack the Cat, then I'll tell you a bit about him. Jack lives in Shrewsbury. He is an independent cat, that means that he likes to look after himself. Nevertheless, he likes to feel comfortable and that is why he loves his new life in the kitchen of a warm house next to the Quarry in Shrewsbury.

Jack enjoys a currant bun and a drink of milk, which he laps up with his little pink tongue. Sometimes he is none too careful whilst drinking and the milk gets onto his nose! That doesn't matter too much, because it doesn't show. Oh yes, I forgot to tell you that he is black all over except for a white blob on the end of his nose.



One cold day, Jack woke up, stretched his back, then his front paws, then his back paws. "Today," he thought, "is a day for exploring, so I'd better get ready."

If you or I get ready to go out in the cold, it takes some time to have a wash, clean our teeth, get dressed, have breakfast and put our coats on. For Jack the cat, it was quick and easy. He drank his milk, ate a currant bun, cleaned his fur and was ready! "Now, where shall I explore?" he thought. "Maybe I'll visit the Quarry."

He picked his way past the bandstand, slowly at first, as his feet were cold on the icy paths, and up to see St. Michael. St. Michael stood in his own little house, with no walls, and he looked very cold. There were pretty red poppies on his steps. "I wonder who put those there?" thought Jack.

He went carefully across the road when the lights were green, and down Claremont hill past the bookshop, the barbers and the chemist. Here he stopped a while and thought, "Left, right, or straight ahead?"

There were lots of young people with bags on their backs, walking along the path, so Jack decided to go straight ahead and crossed the road. Jack was surprised to see rows of cars parked, just waiting for people to take them somewhere.

A car drove into an empty space nearby. The car door opened and a man got out. He was holding some keys and looked quite important. He began to walk to a big black and white house when he noticed Jack, peeping out from behind a tyre.

“Hello Jack,” he said, “I’ve heard about you. Would you like to see inside Rowley’s Mansion?” “Well,” thought Jack, “it will be warm inside and I’d like to see what it’s like,” so he tiptoed along behind the man and waited for him to unlock the very, very heavy door.

Jack was surprised when he saw inside the house, as there was no kitchen, no sitting room, and no bedroom. Instead, he saw large boxes with all sorts of things inside them. “This is a museum,” said the man, “people come here to see things that were used long ago. It is a very old house.”

Jack was too short to see into most of the boxes and the man didn’t pick him up to look inside them so he began to think of other things. He thought of his friend, he thought of his home and he thought of food!

He was hungry, and felt he would like to go home, so he mewed by the very, very heavy door to be let out. The man said, “Goodbye Jack, it was lovely to meet you.”



## Easter Word Scramble

NTNEBO \_\_\_\_\_

GEGS \_\_\_\_\_

GSNIRP \_\_\_\_\_

YNBUN \_\_\_\_\_

SORCS \_\_\_\_\_

CTOHC OEAL \_\_\_\_\_

FDILDOFA \_\_\_\_\_

KCSHCI \_\_\_\_\_

KSTBAE \_\_\_\_\_

BALM \_\_\_\_\_

GEG TUNH \_\_\_\_\_

RCHCHU \_\_\_\_\_

DUNSAY \_\_\_\_\_

SEWREOL \_\_\_\_\_

RADAPE \_\_\_\_\_



**Easter Morning**  
**By Christina Rossetti**

The sun arises from the sea,  
And all around his rays is flinging,  
The flowers are opening on the lea,  
The merry birds are singing.

The summer breeze is rustling past,  
Sweet scents are gathering around it,  
The rivulet is flowing fast,  
Beside the banks that bound it.

All nature seemeth to rejoice,  
In the returning summer weather;  
Let us with nature raise our voice,  
And harmonise together.

But not alone for summer skies  
Shall praise unto our God be given:  
This day our Saviour did arise,  
And oped the gate of heaven.

**Pied Beauty**  
**by Gerard Manley Hopkins**

Glory be to God for dappled things –  
For skies of couple-colour as a brindled cow;  
For rose-moles all in stipple upon trout that swim;  
Fresh-firecoal chestnut-falls; finches' wings;  
Landscape plotted and pieced – fold, fallow, and plough;  
And áll trádes, their gear and tackle and trim.

All things counter, original, spare, strange;  
Whatever is fickle, freckled (who knows how?)  
With swift, slow; sweet, sour; adazzle, dim;  
He fathers-forth whose beauty is past change:  
Praise him.

Thank you Mary for choosing these two poems for us to enjoy.





## **Message of Hope (new)**

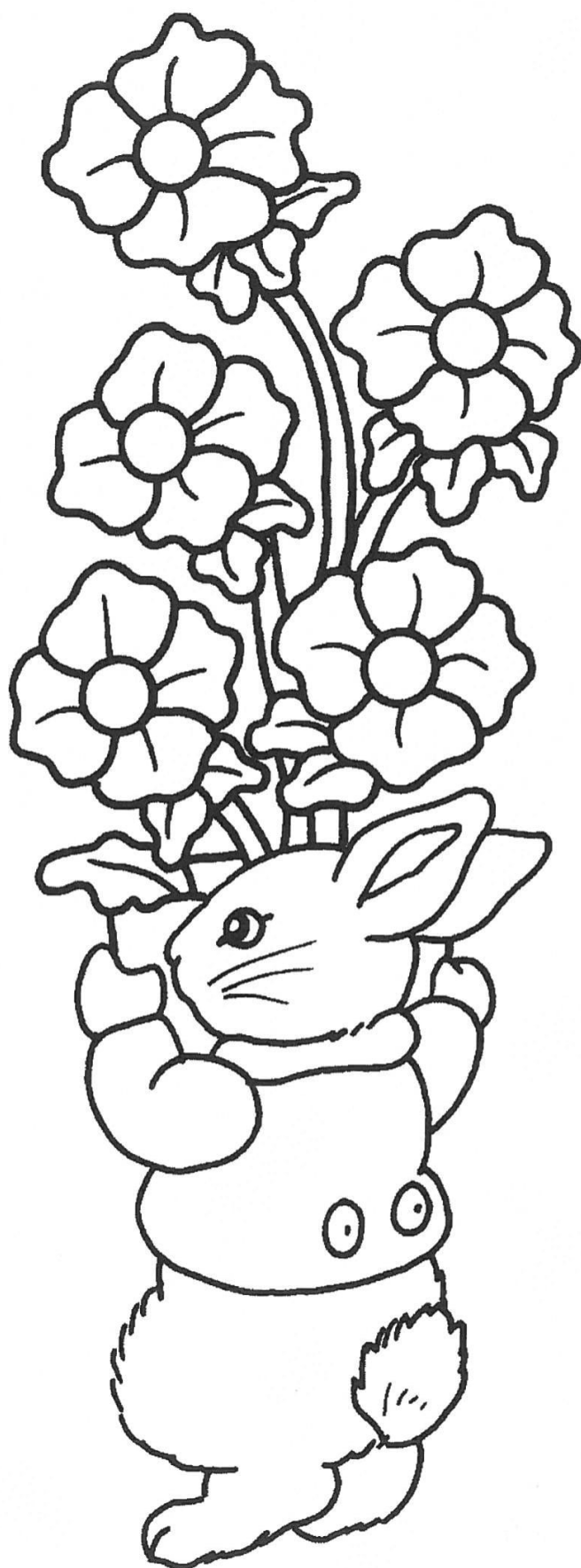
By Patricia Rose

When we think of Easter  
We think of Daffodils and Spring,  
Chocolate Eggs, gifts of joy  
And so many lovely things.

For Daffodils are a symbol  
Of all we hold most dear –  
Like love, friendship and gratitude,  
And Hope for the coming year.

But the Daffodils difficult journey  
Meant piercing the frozen ground  
In search of a little ray of Hope  
While snow lay deep all around.

The daffodils finally found the sun,  
Delighted they had made it through,  
They knew their journey was needed









## Chocolate Fudge Easter Cakes

| Ingredients |                     | Frosting |   |
|-------------|---------------------|----------|---|
| 140g        | Soft butter         | 85g      | Milk Chocolate, broken                        |
| 140g        | Golden caster sugar | 85g      | Soft butter                                   |
| 3           | Medium eggs         | 140g     | Icing sugar                                   |
| 100g        | Self-raising flour  | 235g     | Maltesers or mini foil-wrapped chocolate eggs |
| 25g         | Cocoa, sifted       |          |   |

## Method

1. Heat oven to 190C/fan 170C/gas 5 and put 16 gold cases into a fairy-cake tin.
2. Tip all the ingredients for the cake into a mixing bowl and beat for 2 minutes with an electric hand-whisk until smooth.
3. Divide between the cases so they are two-thirds filled, then bake for 12-15 minutes until risen.
4. Cool on a wire rack.
5. For the frosting, microwave the chocolate on High for 1 min. Cream the butter and sugar together, then beat in the melted chocolate. Spread on the cakes and decorate with Maltesers and chocolate eggs.



## Beefy Bean Bake

| Ingredients         |                                     |
|---------------------|-------------------------------------|
| Vegetable Oil       | 1/2 Pint beef stock                 |
| Large onion chopped | Bread crumbs from 4 slices of bread |
| Green pepper sliced | Grated Cheddar Cheese               |
| 1lb Minced Beef     |                                     |
| Tin of baked beans  |                                     |

## Method

1. Heat the oven to 190C/170 fan/gas 5.
2. Fry onion in oil until soft, add the pepper and cook for a further 3 minutes
3. Add mince and cook with the vegetables until browned
4. Add the beans and stock, cook gently for 15 minutes
5. Pour into an oven proof dish, sprinkle with cheese and brown in the oven for 10 minutes

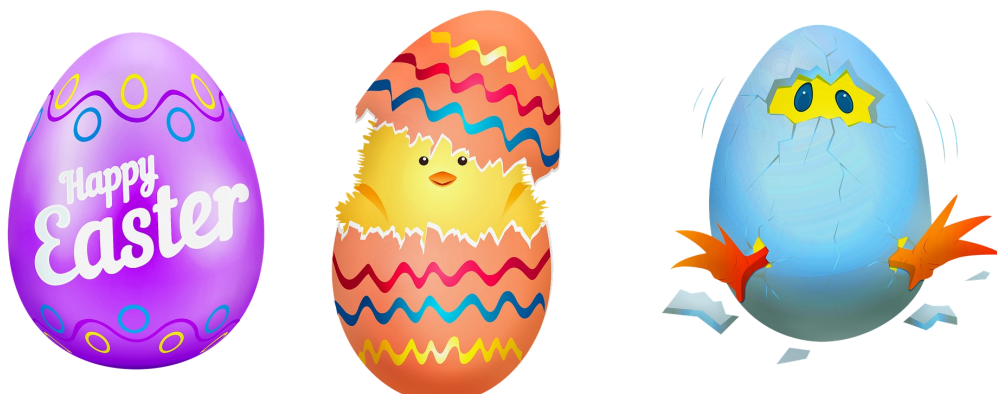
## How Many...?

|                                 |  |
|---------------------------------|--|
| Ounces in a pound               |  |
| Feet in a mile                  |  |
| Shillings in a pound            |  |
| Numbers on a bingo board        |  |
| Squares on a Monopoly board     |  |
| Teeth in a human mouth          |  |
| In a score                      |  |
| Letters in the alphabet         |  |
| Shillings in a Guinea           |  |
| Minutes in the day              |  |
| Pieces on a chess board         |  |
| In a dozen                      |  |
| In a bakers dozen               |  |
| Inches in a foot                |  |
| Cards in a deck (no jokers)     |  |
| Planets in the solar system     |  |
| Members in a jury               |  |
| Cigarettes in a pack (typical)  |  |
| Bones in the human body         |  |
| Hulls on a catamaran            |  |
| Keys on a piano                 |  |
| Compartments in a cow's stomach |  |

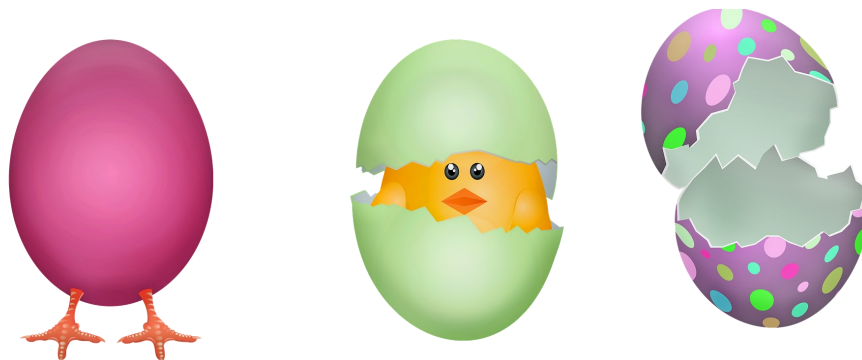


## Easter facts you may not know

- Every child in the UK receives an average of 8.8 Easter eggs every year – double their recommended calorie intake for a whole week.
- When people gorge on a chocolate Easter bunny, 76 per cent bite off the ears first, 5 per cent go for the feet and 4 per cent opt for the tail.
- With all those chocolate eggs for family, relatives, loved ones and friends, it should be no surprise that households spend an average of £75 on Easter treats each year.
- Sales at Easter time make up 10 per cent of UK chocolate spending for the whole year.
- The UK's first chocolate egg was produced in 1873 by Fry's of Bristol.
- The tallest chocolate Easter egg was made in Italy in 2011. Standing 10.39 metres tall and weighing 7,200 kg, it was taller than a giraffe and heavier than an elephant. But Portugal is the home of the largest decorated Easter egg, which reached almost 15m in height and 8m in diameter when it was made in 2008.
- In 2012, London hosted the world's biggest-ever Easter egg hunt.
- The world's most popular egg-shaped chocolate is Cadbury's Creme Egg. Workers at Cadbury in Birmingham produce 1.5 million of these every day..



- On Easter Sunday in Scotland and North-East England, some people have great fun rolling painted eggs down steep hills. This is also popular in parts of America, where people push the egg along with a spoon.
- Temptation can be too much and 43 per cent of kids say they eat their first chocolate egg before Easter Sunday, but the average time for children to eat their first Easter egg is 11am on Easter Sunday morning.
- Almost one in five children (19 per cent) say they've made themselves ill by eating too much chocolate over the Easter holidays.
- The name Easter owes its origin to Eostre or Eastre, an Anglo-Saxon goddess of light and the dawn who was honoured at pagan festivals celebrating the arrival of spring.
- In medieval times, a festival of egg throwing was held in church, when the priest would throw a hard-boiled egg to one of the choirboys. It was then tossed from one choirboy to the next and whoever held the egg when the clock struck 12 was the winner and could keep it.
- The custom of giving eggs at Easter has been traced back to Egyptians, Persians, Gauls, Greeks and Romans, for whom the egg was a symbol of life.



# Sir Hopsalot

## knitted rabbit hat

by Juliet Bernard

If you like hats with a bit of extra bounce, this is the one for you.

### abbreviations:

**st(s)** - stitch(es)

**st st** - stocking stitch

**garter stitch** – knit all rows

**k** - knit

**k2tog** - knit two together

### how you knit it:

Cast on 31 sts.

Start with a knit row knit 14 rows in st.

**next row:** k2tog to last st, k1 (16sts).

**next row:** purl.

**next row:** k2tog to end (8sts).

Cut the yarn pulling it through the remaining stitches and fasten off.

### ears: (make 2)

Cast on 7 sts and work 6 rows in garter stitch.

4mm  
needles

● ● ● ●  
wool colours

● ● ● ●  
level





**next row:** k2, k3tog k2(5sts).

Knit another 7 rows in garter stitch.

**next row:** k1, k3tog k1(5sts).

Knit another 5 rows in garter stitch then knit all 3 sts together and pull yarn through the loop.

**making up:**

Use a sewing needle to join side seams.

Sew end in at the tip of the ears and, pinching the bottom of the ears so they stand up, sew them to the hat.

Embroider eyes, nose and mouth in black, brown and pink yarn.

Give him a carrot and make sure Beatrix Potter doesn't get her hands on him.

**These patterns are just ideas to get you started. Feel free to try different colours, and come up with designs of your own. We love seeing your creations.**

send your hats to:

Age UK STW  
3 Mardol Gardens  
Shrewsbury  
SY1 1PR



Age UK is a registered charity  
(number 1128267)

## April Wordsearch (easy)

|   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| F | G | S | H | P | S | P | C |
| S | L | Y | M | S | H | U | P |
| D | A | O | A | O | S | D | L |
| U | L | R | W | P | O | D | A |
| O | G | F | R | E | Y | L | M |
| L | V | I | T | G | R | E | B |
| C | N | S | E | E | D | S | S |
| G | S | P | I | L | U | T | E |

BLOOMS CLOUDS FLOWERS GRASS  
LAMBS PUDDLES SEEDS SPRING  
TULIPS

## April Wordsearch (hard)

U J K J P D N P F Y S C H U B  
D M W Y Y Q G L U D R L J M L  
R U B E Z N O R P N E R A T U  
T H N R I W S R G I W H H M E  
L K C R E J N R T W O U P B B  
O J P R H L A X S M H K S C E  
Z S S B A S L Q A E S J P F L  
C Z K C S M E A T U L I P S L  
L B S D E E S R A I N D W V N  
O V L H O Q A R K Q C Y D V Z  
U M O O P W S H C M H I P U L  
D A F F O D I L S E K E N S P  
S C S N U M H W O B N I A R T  
P I L B U H S F L E J L K F O  
H V M O A U H E J F X Y F N R

|         |            |           |          |
|---------|------------|-----------|----------|
| BLOOMS  | LAMB       | SPRING    | UMBRELLA |
| CLOUDS  | RAIN       | DAFFODILS | RAINBOW  |
| GRASS   | SHOWERS    | PUDDLES   | BLUEBELL |
| SEEDS   | MARCH BUDS | TULIPS    |          |
| FLOWERS | WINDY      |           |          |



## Easter Quiz Answers

1. True
2. Palm Sunday
3. Ladies' hats, (Easter bonnets)
4. Simnel cake
5. Good Friday
6. Fabergé
7. Chile
8. 40 days
9. The last Supper
10. Pacific
11. Lamb
12. Doe
13. Hibernian
14. 12
15. Easter Friday



## Chocolate Slogan Answers

1. Maltesers

9. Chocolate Orange

2. Aero

10. Milk Tray

3. Bounty

11. KitKat

4. Snickers

12. Dairy Milk

5. Galaxy

13. Ferrero Rocher

6. Yorkie

14. Penguin

7. Dime Bar

15. Topic

8. Cadbury's Caramel

16. Turkish Delight



The answer is 19:



## Easter Word Scamble Answers

1. NTNEBO – BONNET
2. GEGS – EGGS
3. GSNIRP – SPRING
4. YNBUN – BUNNY
5. SORCS – CROSS
6. CTOHCOEAL – CHOCOLATE
7. FDILDOFA – DAFFODIL
8. KCSHCI – CHICKS
9. KSTBAE – BASKET
10. BALM – LAMB
11. GEG TUNH – EGG HUNT
12. RCHCHU – CHURCH
13. DUNSAY- SUNDAY
14. SEWREOL – FLOWERS
15. RADAPE - PARADE





## Answers: How many

|                                 |      |
|---------------------------------|------|
| Ounces in a pound               | 16   |
| Feet in a mile                  | 5280 |
| Shillings in a pound            | 20   |
| Numbers on a bingo board        | 90   |
| Square on a Monopoly board      | 40   |
| Teeth in a human mouth          | 32   |
| In a score                      | 20   |
| Letters in the alphabet         | 26   |
| Shillings in a Guinea           | 21   |
| Minutes in the day              | 1440 |
| Pieces on a chess board         | 32   |
| In a dozen                      | 12   |
| In a baker's dozen              | 13   |
| Inches in a foot                | 12   |
| Cards in a deck (no jokers)     | 52   |
| Planets in the solar system     | 9    |
| Members in a jury               | 12   |
| Cigarettes in a pack (typical)  | 20   |
| Bones in the human body         | 206  |
| Hulls on a catamaran            | 2    |
| Keys on a piano                 | 88   |
| Compartments in a cow's stomach | 4    |