

January Activity Pack

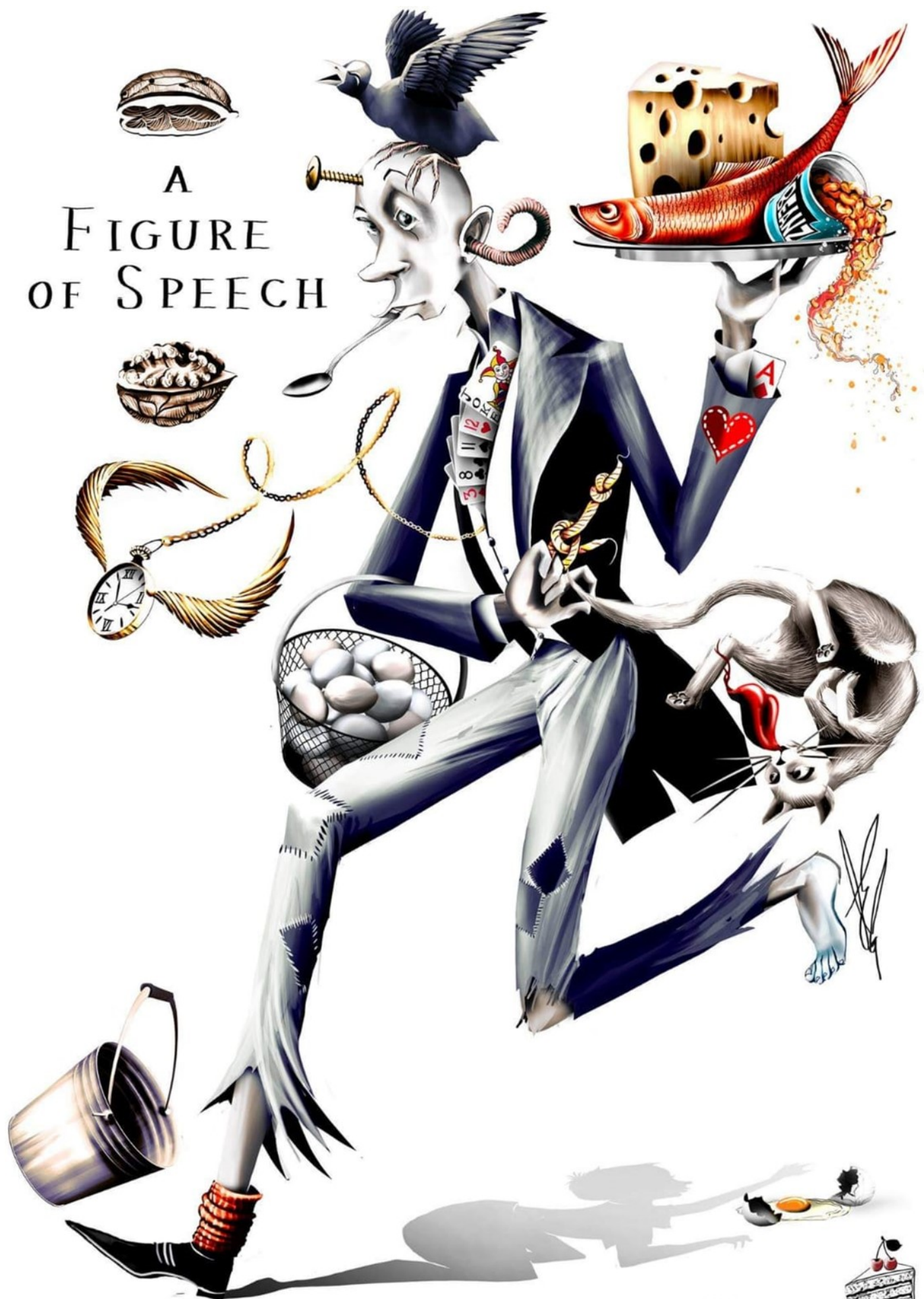
Filled with lots of themed quizzes, colouring, recipes, poems and much more. Created by the Age UK Shropshire Telford & Wrekin Day Services Team



January Quiz

1. Which astrological sign is between January 21st and February 20th?
2. Who sang 'On The Good Ship Lollipop'?
3. What is the common name for *Galanthus nivalis*, which flowers between January and April?
4. Which cereal has a shot putter in a kilt on the box?
5. Who was the boy who never grew up?
6. Whose catchphrase was 'Shut That Door'?
7. Who sang 'It's Not Unusual'?
8. Mulberry leaves are the staple diet of which worm?
9. What name is given to freshwater lobsters?
10. Which date in January is the traditional date for the feast of Epiphany?
11. What is another name for a Crane Fly?
12. Who was known as 'The Forces Sweetheart'?
13. What is the name of the local pub in Coronation Street?
14. How many days in 7 weeks?
15. Which child actress starred in the 1944 film 'National Velvet'?
16. Who was 'cleaning windows' in a song?
17. Which dogs pull sledges?
18. In which game do players try to play below par?
19. Which Shakespeare play is known as 'The Scottish Play'?
20. What is a male swan called?

A
FIGURE
OF SPEECH



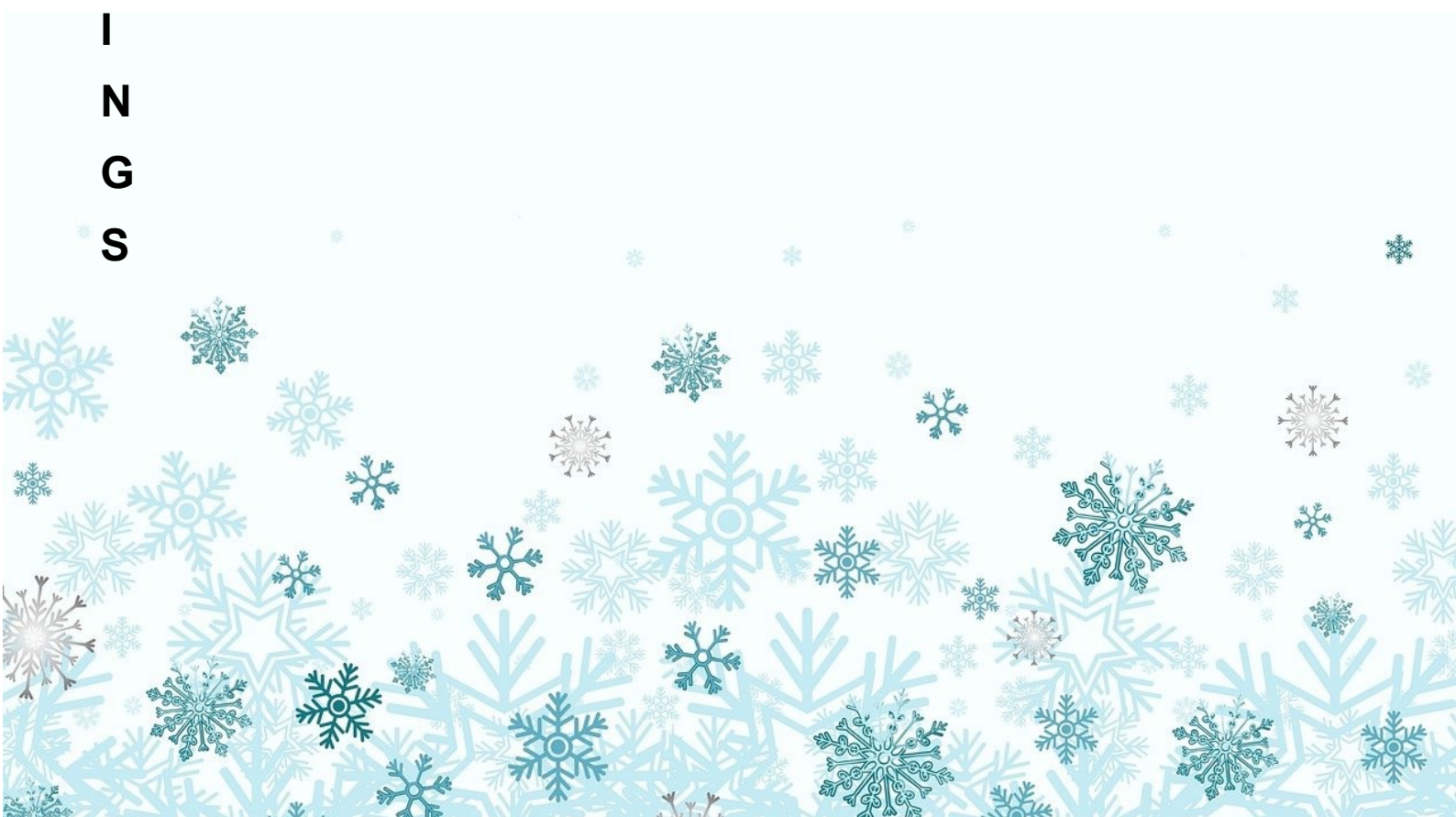
27 TO FIND...

January Alphabet Challenge

Can you think of a word or phrase associated with winter beginning with the following letters...

F
R
O
S
T
Y

M
O
R
N
I
N
G
S





Can you open the lock using these clues?

- 682** One digit is right and in the right place
- 614** One digit is right but in the wrong place
- 206** Two digits are right but both are in the wrong place.
- 738** All digits are wrong.
- 380** One digit is right but in the wrong place.

Jack the Cat part 3

Jack, the cat, was not very adventurous. He seldom walked up Pride Hill as it was too busy. He preferred to live in the Quarry and sleep under a hedge by the bandstand. However, one day, when it was very sunny and warm, he decided to go a little further than usual. It would be like a cat's day out. He was sure that he would enjoy himself.

He proudly walked through the Quarry gates and down the hill towards the market. He passed a shop where people came in, and had some of their fur trimmed off their heads and came out again! "Funny," thought Jack, "I'd better go quickly past as I don't want to lose any of my black fur!"

On past the market he went, then all the way up pride hill until he saw a big cross in the middle of the path. "I've seen some like that," he thought, "in St. Chad's churchyard.

His legs were aching a bit now, but he kept walking. He went past a clothes shop. "How still those people stand in those windows," he thought, "and they don't smile one little bit!"



On past Woolworths he went. He could see millions of sweets in there! Suddenly he felt very hungry. The smells coming from a food shop made his mouth water! In the window were pictures of big round flat buns with cheese and meat on top. "It must be near my dinner time," thought Jack, "but I'm not allowed in there."

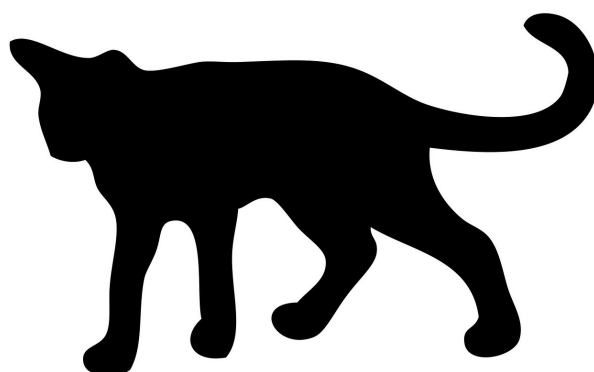
He'd had enough of the main streets and needed a little peace and quiet. He'd heard enough people say that a library was quiet, so he turned off up a lane to see if it was true.

Jack wasn't the sort of cat who rushed along without noticing things. His big eyes were always alert, watching out for anything unusual.

It was then that he looked up and saw a funny sight. A man sat reading a book. He sat very still and 'his chair' was up on a large piece of stone. His clothes and his book were all the same colour, indeed, so were his face and hands! "I wonder what he is reading?" thought Jack.

Through an archway went Jack, looking for the door to the library. Just as he turned the corner he saw something that made him very happy! Something that made his mouth water again! Something that made him purr! Two ladies were eating their picnic. They were sitting on a bench in the sunshine and they were laughing together.

When they saw Jack, they said "Hello Jack, would you like a tuna sandwich and a saucer of milk?" One of the ladies got up and went to fetch some milk from inside of the library, so Jack followed. "Sorry Jack, no cats allowed in the library, but I'll bring some milk out for you, if you wait in the courtyard," she said. "Funny," thought Jack, "I thought they just had books in there. Still, aren't I a lucky cat to know so many kind people!"



Old Money Quiz

1. How many old pennies were there in £1?
2. How much was a bob, as in 'bob a job'?
3. How many shillings were there in an old pound?
4. What was the slang name given to the old sixpence?
5. How much was half a crown?
6. How much is a shilling worth in decimal pence?
7. What letter was used to denote a quantity in old pence?
8. Which of these was worth the most? A crown, a sovereign, a pound or a guinea.
9. How many sides did a brass threepenny bit have?
10. What bird was on the back of a farthing?
11. In what year did Britain become decimal?
12. How many old pence were in a guinea?





The Years Awakening

Thomas Hardy

How do you know that the pilgrim track
 Along the belting zodiac
Swept by the sun in his seeming rounds
Is traced by now to the Fishes' bounds
And into the Ram, when weeks of cloud
Have wrapt the sky in a clammy shroud,
 And never as yet a distinct of spring
Has shown in the Earth's apparelling;
 O vespering bird, how do you know,
 How do you know?

How do you know, deep underground,
Hid in your bed from sight and sound,
 Without a turn in temperature,
 With weather life can scarce endure,
That light has won a fraction's strength,
And day put on some moments' length,
 Whereof in merest rote will come,
Weeks hence, mild airs that do not numb;
 O crocus root, how do you know,
 How do you know?

Chosen by Mary Whitworth



A New Leaf

Patricia Rose

There's a chink of light through the darkness,
There's a ray of hope in the skies
There's a welcome on the morning
And a smile in tomorrow's eyes.

There is a whole new world that is waiting
As you take your centre stage,
For the book of life now turns a leaf
To a truly happy page.



New Beginnings

Patricia Rose

Greet today with hope in your heart
And welcome your morning sun,
Then turn to the page in the book of life
Where the future has just begun,

Today is for new beginnings,
For making your plans anew-
Plans that could change your world
And make your dreams come true.

If you look out across the morning
You will see it's a beautiful world,
So welcome the dawn of a brilliant day
And embrace it with both arms unfurled.



January Word search

(easy)

F	B	S	I	O	B	F	G
R	N	L	T	T	R	I	L
A	Z	Y	A	O	G	C	O
C	H	O	Z	N	O	E	V
S	C	E	W	H	K	B	E
X	N	W	B	A	A	E	S
T	S	O	R	F	O	T	T
S	N	O	W	B	A	L	L

BLANKET
FROST
HAT
SNOW

BOOTS
FROZEN
ICE
SNOWBALL

COAT
GLOVES
SCARF

January Word search

(hard)

O	S	N	O	K	D	F	R	S	N	E	Y	Y	Q	S
A	E	E	N	I	X	V	N	A	E	C	V	O	C	S
F	A	D	V	V	M	O	Q	D	Z	I	K	A	I	H
R	O	T	A	O	W	J	Y	L	O	F	R	R	K	H
S	S	L	A	B	L	L	M	E	R	F	R	E	R	P
B	A	N	A	H	L	G	R	V	F	G	T	O	U	O
O	B	L	O	I	U	U	G	Z	M	A	H	H	S	W
O	L	F	H	W	A	T	E	K	N	A	L	B	O	T
T	I	C	S	A	F	F	I	R	E	P	L	A	C	E
S	Z	X	L	Z	S	L	E	L	Y	F	B	R	Z	F
Y	Z	R	Y	K	H	B	A	S	H	O	V	E	L	Y
J	A	S	V	L	I	B	I	K	C	J	H	B	C	X
G	R	S	U	H	I	Z	U	X	E	G	I	K	H	K
C	D	R	D	T	A	O	C	G	R	X	S	D	V	M
C	P	P	V	O	C	Q	K	V	O	U	L	P	U	R

BLANKET
CHILLY
FROST
HAT
SCARF
SNOWFLAKE

BLIZZARD
COAT
FROZEN
HIBERNATE
SHOVEL

BOOTS
FIREPLACE
GLOVES
ICE
SNOWBALL



Pea and Ham Soup

Classic pea and ham soup for those winter evenings

Ingredients	
25g	Butter
6	Spring onions 6, roughly chopped
500g	Frozen peas or petit pois
600ml	Vegetable or chicken stock
300g	Thick-cut ham, chopped

Method

1. Melt the butter in a pan and cook the spring onions for 5 minutes until softened.
2. Add the peas and stock, bring back to a simmer then cook for 3 minutes.
3. Stir in a small handful of the chopped ham, simmer for 2 minutes then take off the heat and use a hand blender to whizz everything together.
4. Season, stir in the rest of the ham then serve.

Cheese Scones

Ideal served with soup and you can freeze them for later use

Ingredients	
225g	self-raising flour, plus extra for dusting <ul style="list-style-type: none">• pinch of salt• pinch of cayenne or mustard powder
1tsp	baking powder
55g	chilled butter, cut into cubes
120g	mature cheddar, grated
90-100ml	milk, plus 1 tbsp for glazing

Method

1. Heat the oven to 200C/180C fan/gas 6 with a large baking tray inside. Sift the flour, salt, cayenne or mustard powder and baking powder into a bowl, then sift again to make sure the ingredients are thoroughly combined.
2. Add the butter to the bowl and combine with your fingertips to make breadcrumbs. Sprinkle 100g of the cheese into the breadcrumb mixture and rub together until evenly distributed. Try not to mix too much as the heat from your hands may start to melt the butter.
3. Make a well in the centre of the mixture and pour in enough milk to give a fairly soft but firm dough. Do not pour in all the milk at once as you may not need it all to get the right consistency.
4. Lightly flour a surface and roll out the dough to approximately 2cm thick. Cut out the scones with a medium (about 8cm) cutter, then put on a sheet of baking parchment, glaze with a little milk and sprinkle with the remaining cheese. Slide onto the hot oven tray.
5. Bake in the oven for 15-20 mins or until golden brown and cooked through.





January Quiz Answers

1. Aquarius
2. Shirley Temple
3. Snowdrop
4. Scots Porridge
5. Peter Pan
6. Larry Grayson
7. Tom Jones
8. Silkworm
9. Crayfish
10. January 6th
11. Daddy Long Legs
12. Vera Lynn
13. Rovers Return
14. 49 days
15. Elizabeth Taylor
16. George Formby
17. Huskies
18. Golf
19. Macbeth
20. Cob

A figure of speech answers:

- | | |
|--|---------------------------|
| 1. Time flies | 14. Something fishy |
| 2. An ace up your sleeve | 15. Fish out of water |
| 3. Spill the beans | 16. Tie the knot |
| 4. Cat got your tongue | 17. Living in your shadow |
| 5. Got the cat by the tail | 18. Piece of cake |
| 6. Kick the bucket | 19. Bird brain |
| 7. Born with a silver spoon in the mouth | 20. Cherry on the cake |
| 8. Don't carry all your eggs in one basket | 21. Chalk & cheese |
| 9. Wear your heart on your sleeve | 22. Knock your socks off |
| 10. Keep your cards close to your | 23. Red herring |
| 11. Nail on the head | 24. An earworm |
| 12. Loose screw | 25. In a nutshell |
| 13. Cold feet | 26. On a silver platter |
| | 27. On the wings of time |

You could have also found the following:

1. Pull up your socks
2. Rags to Riches
3. Shadow of his former self
4. Don't count your chickens before they hatch
5. Put your best foot forward

Old Money Quiz Answers:

1. 240
2. One shilling (or 5p).
3. Twenty
4. Tanner
5. Two shillings and six pence.
6. Five pence.
7. d
8. A guinea, it was £1 and one shilling or £1.05, a sovereign was a pound and a crown was five shillings or 25p.
9. Twelve