

March Activity Pack

Filled with lots of spring themed quizzes, colouring, recipes, poems and much more.

Created by the Age UK Shropshire Telford & Wrekin Day Services Team



March Quiz

1. Who is the Roman goddess of spring?
2. What date is Saint Patrick's Day?
3. For Australians, in what month does spring begin?
4. Which spring flower is often associated with Wales?
5. What name is given to the first day of spring when night and day are the same length?
6. Who composed 'The Four Seasons'?
7. What kind of animal is a springbok?
8. Which is the meteorological first day of Spring?
9. Which small white flowers are the first to emerge in the Spring?
10. To the nearest million, how many Easter Eggs are sold every year in the UK?
11. How many days are there in the month of March?
12. When does a spring tide occur?
13. The March Hare is a character from which story?
14. Complete the saying 'March comes in like a lion and goes out like a....'?



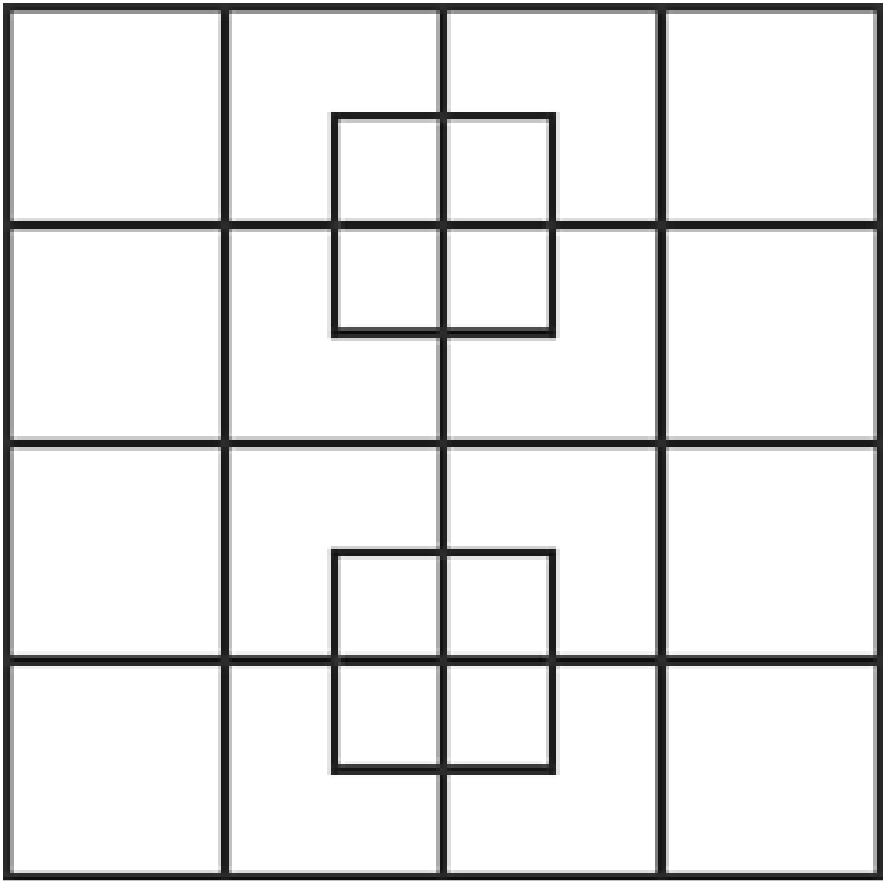
TV adverts

Can you guess which adverts these phrases come from?

1. Loves the jobs you hate
2. The make up of make up artists
3. Washing machines live longer with this
4. The best a man can get
5. Will you take the doorstep challenge?
6. She flies like a bird in the sky
7. Tastes like chocolate never tasted before
8. By 'eck you smell gorgeous tonight petal
9. Katie uses it on her Sunday roast
10. His are exceedingly good
11. Go to work on this
12. Gives you a ring of confidence
13. Have you had yours
14. He shines umpteen things clean
15. Do you know this piano is on my foot
16. Nine out of ten cats prefer it
17. Bakers born and bred



How many squares are in this picture?



Answer:.....

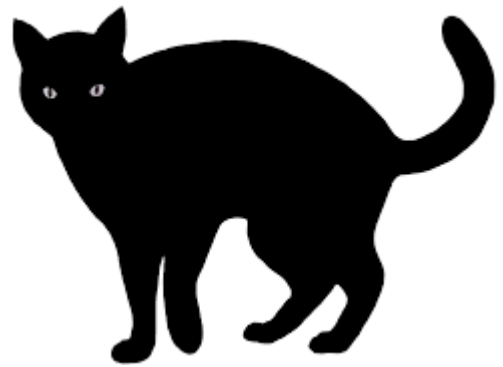
Answer in next month’s activity pack

Jack the Cat – Part 5

Jack saw some unusual things from his home under the hedge in the Quarry. One day he saw a large basket with people in it. The people looked as if they had lit a fire under a big, big balloon and they were going up into the sky! "Perhaps they were cooking dinner in the basket," he thought, "but the flames are very big for that!"

Another day there were noisy cars going round and round and up and down to music. The music was loud and people were paying to go round and round. "Funny," thought Jack, "they're not going anywhere!" He kept well away from the noise on those days, as there were too many people and lots of flashing lights.

But those unusual things were nothing compared to what Jack saw one week in the summer. It was sunny and warm, Jack's favourite sort of day. He awoke and stretched his back as usual, licked his fur as usual and thought about breakfast ...as usual.



He crept out from under his hedge and saw a blue lorry coming along his path towards him! Jack raced back under his hedge just in time! "What is that lorry doing on my path?" thought Jack. "Lorries aren't allowed here." He looked around him and saw several lorries, all with white bundles and poles in them. As he watched, he could see men, hundreds of men, building white houses, putting up another band stand and, best of all, driving ice cream vans to all corners of the Quarry! Later he saw buckets and buckets of flowers being taken into the white houses. "How beautiful," he thought, "I wonder if they came from my garden?"

As the days passed, there was more and more activity in the Quarry. Horses arrived in their horseboxes. Lots of people began selling hot food from ice cream vans! Children with their mums and dads went rushing in and out of all the enormous white houses. "Oh, dear," thought Jack, "how busy it is. I don't like living in the Quarry on days like this."

He decided to wander off to another hedge, a hedge he hadn't investigated before as it was along the far side of the Quarry. Once there, Jack crept through the hedge into a long garden. "I wonder whose garden this is," he thought, "there aren't as many flowers here as there are in my garden?" He was beginning to feel rather lonely over the last few weeks and he longed for a proper home, with people to look after him.



Jack curled up by a large bush, then he decided he was too hot like that so he stretched himself out and fell asleep in the sunshine.

A noise startled Jack and he woke up to find himself in a shadow. It was the shadow of a man who was dressed all in black, except for a white collar. "Hello," thought Jack, "I've seen this man before. He was very kind when I met him at St. Chad's Church."

"Well," said the man, "hello Jack, are you tired out? Are there too many people for you in the Quarry? Would you like a new home? I've got a cosy corner in my kitchen where you could sleep. Would you like to come and see where it is?" Now Jack knew the kind man. He knew he would be kind to him because he'd been kind before, so he calmly followed him into the kitchen.... And that's where you'll find Jack to this day, curled up in a corner of the kitchen, fast asleep and very, very happy!

Many thanks to Carole Ewels for sharing her wonderful story with us.

Can You Name The Parts Of The Body From The Clues Below?

1. Top of the hill.....
2. Weathercocks.....
3. What you put to the wheel.....
4. The edge of a cup or glass.....
5. What the tortoise raced with.....
6. Part of a river.....
7. Keep it out of other people's business.....
8. Sea Creature.....
9. A young cow.....
10. It was left in San Francisco.....
11. Where 2 pipes come together.....
12. It crosses a river.....
13. Hitch a lift with it.....
14. Footballers playing position.....
15. You're using it now.....
16. An entrance.....
17. Parts of an umbrella.....
18. Part of a sink.....
19. Sometimes it locks.....
20. A type of watch.....



Spring

by Gerrard Manley Hopkins

Nothing is so beautiful as Spring –
When weeds, in wheels, shoot long and lovely and lush;
Thrush's eggs look little low heavens, and thrush
Through the echoing timber does so rinse and wring
The ear, it strikes like lightnings to hear him sing;
The glassy peartree leaves and blooms, they brush
The descending blue; that blue is all in a rush
With richness; the racing lambs too have fair their fling.

What is all this juice and all this joy?
A strain of the earth's sweet being in the beginning
In Eden garden. – Have, get, before it cloy,
Before it cloud, Christ, lord, and sour with sinning,
Innocent mind and Mayday in girl and boy,
Most, O maid's child, thy choice and worthy the winning.

Wanton with long delay the gay Spring

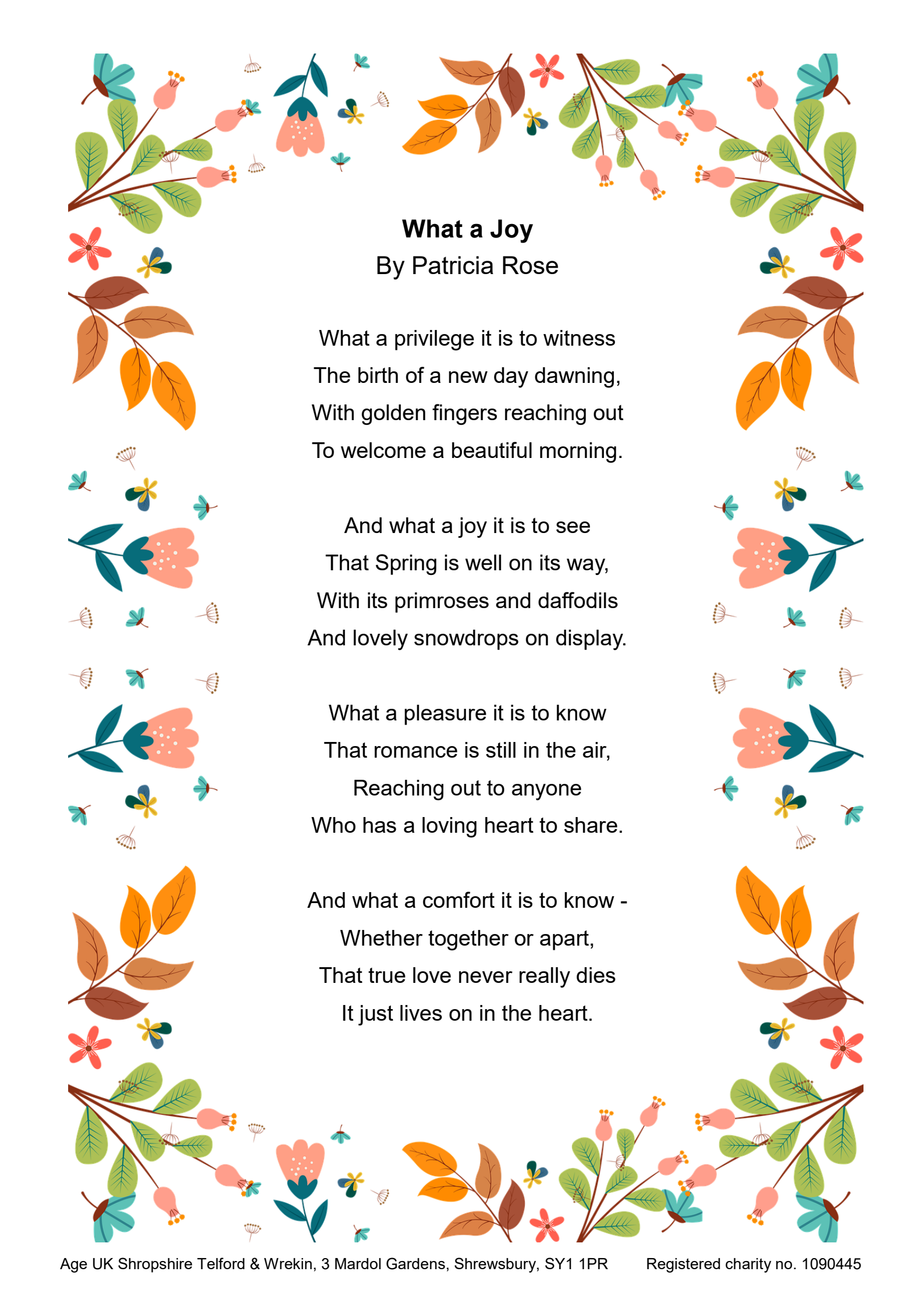
by Robert Bridges

Wanton with long delay the gay Spring leaping comet;
The blackthorn starreth now his bough on the eve of May:
All day in the sweet box -- tree the bee for pleasure hummeth:
The cuckoo sends afloat his note on the air all day.

Now dewy nights again and rain in gentle shower
At root of tree and flower have quenched the winter's drouth:
On high the hot sun smiles, and banks of cloud up-tower
In bulging heads that crowd for miles the dazzling south.

Chosen by Mary Whitworth





What a Joy

By Patricia Rose

What a privilege it is to witness
The birth of a new day dawning,
With golden fingers reaching out
To welcome a beautiful morning.

And what a joy it is to see
That Spring is well on its way,
With its primroses and daffodils
And lovely snowdrops on display.

What a pleasure it is to know
That romance is still in the air,
Reaching out to anyone
Who has a loving heart to share.

And what a comfort it is to know -
Whether together or apart,
That true love never really dies
It just lives on in the heart.







Sheila's Rice Stir Fry

Kindly donated by Sheila from Porchfield Day Centre

Ingredients	
1	Leek or onion sliced
7	Button mushrooms or 3 large mushrooms
1	Red pepper sliced and seeds removed
1	Packet of 2-minute microwave rice
	Leftover cooked chicken, prawns, chopped

Method

1. In a large frying pan fry the leek or onion and pepper in a little oil until soft.
Add extra oil if needed.
2. Add the mushrooms, meat or prawns, stir occasionally making sure the mixture is cooked through.
3. Microwave the rice for 2 minutes
4. Stir the rice into the mixture
5. Season to taste, Lea and Perrins adds extra flavour



Date Bars

Kindly donated by Christine at Mardol Gardens Office

Ingredients	
4oz	Margarine
4oz	Brown Sugar
8oz	Chopped dates
8oz	Digestive Biscuits—broken up

Method

1. Melt margarine and sugar in a pan
2. Add the dates, mix well and cook for 2 -3 minutes
3. Remove from the heat, add the broken biscuits and mix well
4. Press into a greased shallow tin
5. Cool and cut into squares

Riddle me this...

1. The more you take, the more you leave behind. What am I?
2. What has many keys but can't open a front door?
3. David's father has 3 sons, Snap, Crackle and.....?
4. What has an eye but cannot see?
5. What type of cheese is made backwards?
6. What has a head, a tail, is brown, and has no legs?
7. Can you name 3 consecutive days without using the words
8. Monday, Tuesday, Wednesday, Thursday, Friday, Saturday or Sunday?



March Wordsearch (easy)

F	G	S	H	P	S	P	C
S	L	Y	M	S	H	U	P
D	A	O	A	O	S	D	L
U	L	R	W	P	O	D	A
O	G	F	R	E	Y	L	M
L	V	I	T	G	R	E	B
C	N	S	E	E	D	S	S
G	S	P	I	L	U	T	E

BLOOMS

CLOUDS

FLOWERS

GRASS

LAMBS

PUDDLES

SEEDS

SPRING

TULIPS

March Wordsearch (hard)

U J K J P D N P F Y S C H U B
D M W Y Y Q G L U D R L J M L
R U B E Z N O R P N E R A T U
T H N R I W S R G I W H H M E
L K C R E J N R T W O U P B B
O J P R H L A X S M H K S C E
Z S S B A S L Q A E S J P F L
C Z K C S M E A T U L I P S L
L B S D E E S R A I N D W V N
O V L H O Q A R K Q C Y D V Z
U M O O P W S H C M H I P U L
D A F F O D I L S E K E N S P
S C S N U M H W O B N I A R T
P I L B U H S F L E J L K F O
H V M O A U H E J F X Y F N R

BLOOMS

LAMB

SPRING

UMBRELLA

CLOUDS

RAIN

DAFFODILS

RAINBOW

GRASS

SHOWERS

PUDDLES

BLUEBELL

SEEDS

MARCH

BUDS

TULIPS

FLOWERS

WINDY

March Quiz Answers

1. Flora
2. 17th March
3. September
4. The Daffodil
5. The Vernal Equinox
6. Vivaldi
7. An antelope
8. March 1st
9. Snowdrops
10. 80 million
11. 31
12. After a new or full moon
13. Alice's Adventures in Wonderland (Lewis Carroll)
14. Lamb



TV Advert Answers

- | | |
|--|--------------|
| 1. Loves the jobs you hate | MR MUSCLE |
| 2. The make up of make up artists | MAX FACTOR |
| 3. Washing machines live longer with this | CALGON |
| 4. The best a man can get | GILETTE |
| 5. Will you take the doorstep challenge? | DAZ |
| 6. She flies like a bird in the sky | NIMBLE BREAD |
| 7. Tastes like chocolate never tasted before | FLAKE |
| 8. By 'eck you smell gorgeous tonight petal | BODDINGTONS |
| 9. Katie uses it on her Sunday roast | OXO |
| 10. His are exceedingly good | MR KIPLING |
| 11. Go to work on this | EGG |
| 12. Gives you a ring of confidence | COLGATE |
| 13. Have you had yours | FLU JAB |
| 14. He shines umpteen things clean | MR SHEEN |
| 15. Do you know this piano is on my foot | PG TIPS |
| 16. Nine out of ten cats prefer it | WHISKERS |
| 17. Bakers born and bred | WARBURTONS |



Parts of the body Answers

1. Top of the hill	BROW
2. Weathercocks	VANE/VEIN
3. What you put to the wheel	HANDS/SHOULDER
4. The edge of a cup or glass	LIP
5. What the tortoise raced with	HAIR
6. Part of a river	MOUTH
7. Keep it out of other people's business	NOSE
8. Sea Creature	MUSCLE/SOLE
9. A young cow	CALF
10. It was left in San Francisco	HEART
11. Where 2 pipes come together	JOINT
12. It crosses a river	BRIDGE
13. Hitch a lift with it	THUMB
14. Footballers playing position	BACK
15. You're using it now	BRAIN
16. An entrance	ARCH
17. Parts of an umbrella	RIBS
18. Part of a sink	WAIST
19. Sometimes it locks	JAW
20. A type of watch	WRIST

Riddle Answers

1. Footsteps
2. Piano
3. David
4. Needle
5. Edam
6. Penny
7. Yesterday, today and tomorrow

