

Volunteer vacancy list August 2026

Just a few hours of your time really does **make a difference**

Our volunteering vacancies are open to anyone aged 18 years and over. We ask all volunteers to complete an application form and to provide details of two referees we can contact. Those volunteers who have contact with vulnerable older people will need to apply for a DBS check and we will organise this for you. Volunteers will be asked to attend training for the role.

Afternoon Friendship Group Leader/Support Volunteers

Our Friendship Groups are for people aged 60 plus and aim to help provide social support to enable older people to maintain their independence and reduce isolation and loneliness.

The Group Leader will be required to host the group, and the Group Support will help the Leader to welcome all members and promote a friendly atmosphere and provide assistance to settle new attendees into the group.

Volunteers will help to serve light refreshments, and they will help establish relationships within the group and interact with all the group members.

Training, ongoing support and travel expenses will be provided, and a DBS check is required.

- **Bridgnorth Friendship Group**
located at Bridgnorth Fire Station, fortnightly on Wednesdays, 1.00-3.00pm.
- **Albrighton Friendship Group**
located at Albrighton Library, fourth Wednesday of every month, 2.00-4.00pm.

Befriending, Telford & Wrekin

We are looking for more Befriending volunteers in Telford & Wrekin and currently have over 100 people waiting for a Befriender.

Volunteers visit older people in their own home on a regular basis for a cuppa and a chat and sometimes a short outing such as a walk and can visit between 9.00am-8.00pm Monday-Friday, 10.00am-4.00pm Saturday and Sunday.

Volunteers should be reliable, responsible, good at conversation and empathetic towards our client group, provide information about other Age UK Shropshire Telford & Wrekin services and let us know of any other assistance the older person may require. A DBS check is required for this role.

Telephone Buddy, Telford & Wrekin

Age UK Shropshire Telford & Wrekin has a team of volunteers who provide a regular friendly telephone call to older people who would appreciate a friendly chat and enjoy conversation and sharing experiences.

We are looking for more Telephone Buddies in Telford & Wrekin who are happy to make a regular phone call from home and ideally have access to free calls or minutes from a landline or mobile. Telephone Buddies must be able to offer regular contact, be able to speak clearly and communicate well, provide a confidential listening ear, provide information about other Age UK Shropshire Telford & Wrekin services and let us know of any other assistance the older person may require. A completed application form and two references are required for this role. A DBS check is required for this role.

Dementia support groups

Monkmoor dementia support group is held fortnightly at Forest Way Sheltered Housing Scheme, Monkmoor, Shrewsbury from 11.00am-1.00pm. The role of the volunteer will be to help serve refreshments to the members at the start and end of the meeting and assist members who have dementia and their carers in any activities planned for the group. The volunteer needs to be empathetic to the person with dementia, caring with a sense of humour.

Experience of dementia would be helpful but not essential.

Day centres, Telford & Wrekin

Our day centres take place weekly in Telford & Wrekin usually from 10.00am-1.00pm. They offer local older people the opportunity to socialise with others, enjoy a two-course hot meal and take part in a variety of social activities.

Day Centre Helpers

Helpers arrive at around 9.30am to set up, welcome members, serve refreshments, wash up, help with a range of social activities, and chat to members. This role will require a DBS check.

- **Dawley House, Malinslee**
on Thursdays, 10.00am-1.00pm

- **Cornmell Lea Community Room, Newport**
on Tuesdays, 10am-1.30pm

Day Centre Treasurer

Treasurer/administrator needed at the following day centres. You need to have an ability to work with figures and about an hour a week available. Much of the work can be done from home. This role will require DBS check.

- **Donnington, Telford – urgently required**
Wednesday

Advocacy Volunteers, Shropshire and Telford & Wrekin

We are looking for people to support older people on a one-to-one basis either in person or over the telephone, helping to resolve an identified problem. Volunteers should be car drivers and prepared to travel.

Volunteer Advocates seek out as much information as possible about a particular issue to enable the older person they are supporting to make an informed choice on how they wish the issue to be approached. They then support and assist the older person by making telephone calls, writing letters, attending meetings, to try to resolve the issue in the chosen way. Training and ongoing support provided. Travel expenses reimbursed. Approximately six hours per week time commitment required depending on the individual case.

Curling Group, Horsehay

This group runs fortnightly on a Monday, 10.00am-12.00pm at **Horsehay Village Hall**. We are looking for someone who can meet and greet, support the members and set them up for the session.

For further details about all of Age UK Shropshire Telford & Wrekin's volunteering opportunities and to apply, email volunteering@ageukstw.org.uk or call us on **01743 233 123**.