

## Volunteer Vacancy List – March 2024 Just a few hours of your time really does make a difference

# Our volunteering vacancies are open to anyone aged 18 years and over. We ask all volunteers to complete an application form and to provide details of two referees we can contact. Those volunteers who have contact with vulnerable older people will need to apply for a DBS check and we will organise this for you. Volunteers will be asked to attend training for the role.

#### **Telephone Buddy – all areas Shropshire and Telford & Wrekin** Age UK Shropshire Telford & Wrekin has a team of volunteers who provide a regular friendly telephone call to older people who would appreciate a friendly chat and enjoy conversation and sharing experiences.

We are looking for more Telephone Buddies across all areas of Shropshire and Telford & Wrekin who are happy to make a regular phone call from home and ideally have access to free calls or minutes from a landline or mobile. Telephone Buddies must be able to offer regular contact, be able to speak clearly and communicate well, provide a confidential listening ear, provide information about other Age UK services and let us know of any other assistance the older person may require. A completed application form and two references are required for this role. A DBS check is <u>not</u> required.

#### Afternoon Friendship Group Leader/Support Volunteer

Our new Friendship Group meets fortnightly on Wednesday in Bridgnorth 2pm – 4pm and welcomes people aged 60 plus. The group is to help provide social support to enable older people to maintain their independence and reduce isolation and loneliness. The Group Leader will be required to host the group and the Group Support will help the Leader to welcome all members and promote a friendly atmosphere and provide assistance to settle new attendees into the group. Volunteers will help to serve light refreshments and they will help establish relationships within the group and interact with all the group members. Training, ongoing support and travel expenses will be provided.

#### Befriender – all areas Shropshire and Telford & Wrekin

We are looking for more Befriending volunteers in all areas of Shropshire and Telford & Wrekin and currently have over 100 people waiting for a Befriender.

Volunteers visit older people in their own home on a regular basis for a cuppa and a chat and sometimes a short outing such as a walk.

Volunteers should have good weekday availability, be reliable, responsible, good at conversation and empathetic towards our client group, provide information about other

Age UK STW services and let us know of any other assistance the older person may require. A DBS check is required for this role.

#### Home from Hospital

Our Home from Hospital service, which covers South Shropshire, provides short term assistance, either on returning home after hospital treatment or to prevent inappropriate hospital admission.

Volunteers for our free Home from Hospital service would visit the service user once a week, for up to six weeks, to deliver shopping or collecting prescriptions if required.

#### **Day Centres, Shropshire and Telford**

Our day centres take place weekly in Shropshire Telford & Wrekin usually from 10am to 2/3pm. However, as we gradually re open, times are varying and exact times will be advised. They offer local older people the opportunity to socialise with others, enjoy a two course hot meal and take part in a variety of social activities.

#### **Day Centre Organisers**

To manage and support a small team of volunteers to run the day centre, organise a variety of activities and outings and to offer company and friendship to the members. This is a great role if you enjoy team working and supervising others. This role <u>will</u> require a DBS check and full training and ongoing support will be provided.

#### Shropshire

- Wem (Prince William Court) on Tuesdays. Deputy organiser also required (reopening date to be confirmed once volunteers recruited)
- St Martins (Cedar Close Community Room) on Tuesdays
- Whitchurch (Kingsway Court, SY13 1DQ) on Tuesdays
- Alveley Day Centre, Alveley Day Centre 2 Arden Way, Alveley, Bridgnorth, WV15 6NR on Mondays

#### **Day Centre Helpers**

Helpers arrive at around 9.30am to set up, welcome members, serve refreshments, wash up, help with a range of social activities, and chat to members. This role <u>will</u> require a DBS check.

#### Shrewsbury

- Forest Way, Monkmoor Tuesday.
- Greenacres, Corbet Close (every Wednesday)

#### Shropshire

- Wem (Prince William Court) needs helpers on Tuesdays (re-opening date to be confirmed once volunteers recruited)
- St Martins (Cedar Close Community Room) on Tuesdays

- Oswestry (Monkmoor Court) on Thursdays
- Market Drayton (Community Room, Norman Brook Court) on Thursdays
- Whitchurch (Kingsway Court, SY13 1DQ) on Tuesdays
- Alveley Day Centre 2 Arden Way, Alveley, Bridgnorth, WV15 6NR on Mondays

Telford (all day centres run from 10am to 2pm unless otherwise stated)

- St Georges (Turnpike Court, St Georges) on Mondays
- Newport (Cornmell Lea Community room) on Tuesdays (10am to 1pm) URGENT
- Malinslee (Dawley House) Thursdays
- Stirchley (Hollinswood Community Centre, Daleacre way) on Fridays 10am to 1.30pm.
- Haybridge Hall, Haybridge Road, Hadley, Telford TF1 6JG on Tuesdays
- Bridle Court, Madeley on Tuesdays URGENT

#### **Day Centre Treasurer - Shrewsbury and Telford**

Treasurer/administrator needed at the following day centres. You need to have an ability to work with figures and about an hour a week available. Much of the work can be done from home. This role will require DBS check.

#### Telford

- Newport (Cornmell Lea Community room) on Tuesdays
- Hadley Day Centre Highfield House, Hadley, Telford on Mondays \*\*URGENTLY REQUIRED\*\*

#### Mini Bus Passenger Assistant –Telford

To travel to and from the day centre on the mini bus accompanying members. Required from 9.00am to 10.00am and 1.15pm to 2.15pm approx. (Times may vary at different day centres). To assist members from their front door to the bus and vice versa on the return journey. Morning and/or afternoon volunteers required. This role will require a DBS check. One full day's training will be provided by Telford & Wrekin Council for this role which includes an overview of the Passenger Assistant role, dealing with people, wheelchairs and other disabilities.

#### Telford

- Donnington (Lawndale Community Room) on Wednesdays URGENT
- St Georges, St Georges (Turnpike Court, St Georges) on Mondays

Note: Driver will pick up and drop off the volunteer at the beginning and end of each shift if living locally to day centre catchment area. Alternatively, volunteers can join the bus at the depot in Donnington.

#### Mini Bus Passenger Assistant – Shrewsbury

To travel to and from the day centre on the mini bus accompanying members and to assist them from their front door to the bus and vice versa on the return journey. Morning and/or afternoon volunteers required. This role will require a DBS check.

- Monkmoor (Forest Way Community Centre) on Mondays required times 9am to 10am and 2pm to 3.30pm
- Greenacres Day Centre Greenacres, Corbet Close (every Wednesday) required times 9am to 10am and 2pm to 3pm \*URGENTLY REQUIRED\*
- Reabrook Day Centre Seabury Close Community Room, Seabury Close, Shrewsbury, SY3 7PA – Wednesday required times 9am to 10am and 2pm to 3pm \*URGENTLY REQUIRED\*

#### Mini Bus Passenger Assistant – Shropshire

To travel to and from the day centre on the mini bus accompanying members and to assist them from their front door to the bus and vice versa on the return journey. Morning and/or afternoon volunteers required. This role will require a DBS check.

- Alveley Day Centre, Alveley Day Centre 2 Arden Way, Alveley, Bridgnorth, WV15 6NR on Mondays
- Whitchurch (Kingsway Court, SY13 1DQ) on Tuesdays URGENT

#### Mini Bus Drivers - Shrewsbury

Age Concern Shrewsbury is looking to recruit more minibus drivers to provide transport for members to and from our day centres. Various days of the week available. Drivers should be experienced in driving larger vehicles. Full clean driving licence required. Minibus Driver Awareness Scheme (MIDAS) training provided.

- Armdale (Armdale Community Room, Bridgeford Way, Monkmoor) on Mondays
- Greenacres Day Centre, Corbet Close (every Wednesday)

### Meal Delivery Drivers - Shrewsbury

Volunteer car drivers required to collect hot meals and return the empty containers. Can be done as part of the day centre helper role.

• Armdale (Armdale Community Room, Bridgeford Way, Monkmoor) on Mondays

#### **Volunteer Car Drivers**

Volunteer car drivers required to transport members to and from the day centre. Can be done as part of the day centre helper role.

- St Martins (Cedar Close Community Room) on Tuesdays
- Alveley Day Centre, Alveley Day Centre 2 Arden Way, Alveley, Bridgnorth, WV15 6NR on Mondays

### Telford Forum 50+

The Forum runs every Wednesday at The Wakes in Oakengates between 1- 3pm, and the role involves assisting with taking the coffee and tea orders and chatting with the members and helping to run activities.

#### Let's Talk – Walking Companionship for People with Dementia

Let's Talk is a new project aimed at reducing loneliness and isolation amongst older people living with early to mid-stage dementia in Shropshire. We are looking to recruit more volunteers from the Shropshire and Telford & Wrekin areas who are able to provide a regular short walk for someone living with early to mid-stage dementia on the same day and at the same time each week to provide companionship and exercise and a short respite for carers.

Experience of or an interest in dementia is essential. Dementia Communication and Dementia Friends training as well as ongoing support will be provided. Volunteers will be asked to provide weekly call reports and feedback any welfare concerns about the client to the Age UK Let's Talk Coordinator. A DBS check is required for this role.

**Digital Champion Volunteers – all areas Shropshire and Telford & Wrekin** Our new service aims to motivate and inspire older people to make the most of digital technology to develop their basic digital skills eg surfing the internet, emails, social media, online banking etc. Support will be provided by volunteers for two hours a week for six weeks in a range of community settings or on a one to one basis.

We are looking for volunteers in Shropshire and Telford & Wrekin with a good working knowledge of various digital devices, basic digital skills, including an understanding of ways in which digital can support people to complete financial tasks such as online banking and online shopping, excellent communication and interpersonal skills to explain technology in a clear and simple way, the ability to work with learners with different levels of knowledge and skill, patience, and ideally, but not essentially, a background in teaching or training.

Digital Champion volunteers will be assigned to a client for the six-week period and visit weekly on days and times for about two hours as arranged between the volunteer and service user. After each six-week period a volunteer will be assigned another client if available. Volunteers should have about two hours a week availability and be able to commit to training and occasional meetings. Agreed expenses will be reimbursed. A DBS is required for this role and we will organise this.

#### Benefits Volunteers – all areas Shropshire and Telford & Wrekin

To work as an important extension to the team of Benefits Advisors employed by Age UK Shropshire Telford & Wrekin. Trained volunteers assist older people and their families in the completion of benefits claim forms such as Attendance Allowance either over the telephone or in their own homes. Our Benefits volunteers do not give advice or carry out benefits checks as this is done by our advisors. Volunteers should have appropriate previous experience and ideally experience of filling in claim forms. This role requires about two hours per client and volunteers may support one client per week on average. Training and ongoing support will be provided. A DBS check is required for this role.

#### Advocacy Volunteers –Shropshire and Telford

We are looking for people to support older people on a one to one basis either in person or over the telephone, helping to resolve an identified problem. Volunteers should be car drivers and prepared to travel.

Volunteer Advocates seek out as much information as possible about a particular issue to enable the older person they are supporting to make an informed choice on how they wish the issue to be approached. They then support and assist the older person by making telephone calls, writing letters, attending meetings, to try to resolve the issue in the chosen way. Training and ongoing support provided. Travel expenses reimbursed. Approximately six hours per week time commitment required depending on the individual case.

#### Lunch Club Organisers, Telford

Lunch clubs meet once a month in a local pub, restaurant or hotel on the same day around midday to about 2.30pm to enjoy a two-course traditional meal consisting of a main course and dessert with tea or coffee for a reduced price. Volunteer Organisers circulate menus, take member food orders and place orders with venues in advance and then attend the Club on the day to welcome members, collect payments and ensure the event runs smoothly. Training, ongoing support and travel expenses will be provided. Organisers are required as follows:

- The Wickets, 240 Holyhead Rd, Wellington, Telford TF1 2EB, the second Wednesday of the month.
- The Clock Tower, Donnington Wood Way, TF2 8LE, every fourth Thursday of each month.

#### Lunch Club Organisers, Shrewsbury

We are in the process of trying to find suitable venues in the Shrewsbury area and need volunteers to help get these off the ground. They will be run in the same way as those in the Telford area.

We currently have one at the Orchard Café, 12 Belmont, Shrewsbury SY1 1TE, last Wednesday of the month.

#### Walking group leaders/support volunteers

Our **Bridgnorth Walking group** meets every month  $-3^{rd}$  Monday -10am to 12pm for a gentle, Dementia friendly social walk around Bridgnorth town. On occasion the volunteer will be required to lead the group. The volunteer will also be required to welcome all members, help to promote a friendly atmosphere and provide assistance to settle new members into the group. At the end of the walk the volunteer will be required to help order light refreshments for the group and to encourage relationships within the group and interact with all members. Training, ongoing support and travel expenses will be provided.

**Shrewsbury Walking Group Leaders** - our current Shrewsbury walking group meets monthly on a Thursday (but not the first Thursday) in Shrewsbury 10.30am – 12 noon.

We are looking for another leader who would be able to provide a walk on another day (to be arranged)

For further details about all of our volunteering opportunities and to apply, email volunteering@ageukstw.org.uk or call our Volunteer Recruitment Service on 01743 233 123 ext 283. Message service available. Please leave a brief message including a daytime telephone number and we will contact you.