



Volunteer Vacancy List – March 2026

Just a few hours of your time really **does** make a difference

Our volunteering vacancies are open to anyone aged 18 years and over. We ask all volunteers to complete an application form and to provide details of two referees we can contact. Those volunteers who have contact with vulnerable older people will need to apply for a DBS check and we will organise this for you. Volunteers will be asked to attend training for the role.



Afternoon Friendship Group Leader/Support Volunteers

Our Friendship Groups are for people aged 60 plus and aim to help provide social support to enable older people to maintain their independence and reduce isolation and loneliness.

The Group Leader will be required to host the group and the Group Support will help the Leader to welcome all members and promote a friendly atmosphere and provide assistance to settle new attendees into the group.

Volunteers will help to serve light refreshments and they will help establish relationships within the group and interact with all the group members.

Training, ongoing support and travel expenses will be provided and a DBS check is required.

- **Bridgnorth Friendship group** – located at Bridgnorth Fire Station - fortnightly on Wednesdays between 1pm-3pm.
- **Albrighton Friendship Group** – located at Albrighton Library – fourth Wednesday of every month between 2pm – 4pm.



Befriending –Telford & Wrekin

We are looking for more Befriending volunteers in Telford & Wrekin and currently have over 100 people waiting for a Befriender.

Volunteers visit older people in their own home on a regular basis for a cuppa and a chat and sometimes a short outing such as a walk and can visit between 9.00-20.00 Mon - Frid, 10.00 – 16:00 Sat and Sun.

Volunteers should be reliable, responsible, good at conversation and empathetic towards our client group, provide information about other Age UK STW services and let us know of any other assistance the older person may require. A DBS check is required for this role.

Telephone Buddy – Telford & Wrekin

Age UK Shropshire Telford & Wrekin has a team of volunteers who provide a regular friendly telephone call to older people who would appreciate a friendly chat and enjoy conversation and sharing experiences.

We are looking for more Telephone Buddies Telford & Wrekin who are happy to make a regular phone call from home and ideally have access to free calls or minutes from a landline or mobile. Telephone Buddies must be able to offer regular contact, be able to speak clearly and communicate well, provide a confidential listening ear, provide information about other Age UK services and let us know of any other assistance the older person may require. A completed application form and two references are required for this role. A DBS check is required for this role.



Dementia Support Groups

Monkmoor dementia support group is held fortnightly at Forest Way Sheltered Housing Scheme, Monkmoor, Shrewsbury from 11am to 1pm. The role of the volunteer will be to help serve refreshments to the members at the start and end of the meeting and assist members who have dementia and their carers in any activities planned for the group. The volunteer needs to be empathetic to the person with dementia, caring with a sense of humour.

Experience of dementia would be helpful but not essential.



Day Centres, Shropshire and Telford

Our day centres take place weekly in Telford & Wrekin usually from 10am to 2 or 3pm. They offer local older people the opportunity to socialise with others, enjoy a two-course hot meal and take part in a variety of social activities.

Day Centre Organisers

To manage and support a small team of volunteers to run the day centre, organise a variety of activities and outings and to offer company and friendship to the members. This is a great role if you enjoy team working and supervising others. This role will require a DBS check and full training and ongoing support will be provided.

Day Centre Helpers

Helpers arrive at around 9.30am to set up, welcome members, serve refreshments, wash up, help with a range of social activities, and chat to members. This role will require a DBS check.

Telford (all day centres run from 10am to 1pm unless otherwise stated)

- Bridle Court, Madeley on Tuesdays
- Dawley House Malinslee Thursday
- Highfield House, Waterloo Road, Hadley on Mondays 10am – 1.30pm



Day Centre Treasurer –Telford

Treasurer/administrator needed at the following day centres. You need to have an ability to work with figures and about an hour a week available. Much of the work can be done from home. This role will require DBS check.

Telford

- Donnington DC, Telford – Wednesday – URGENT



Day Centre - Mini Bus Passenger Assistants –Telford – on hold until further notice

To travel to and from the day centre on the minibus accompanying members. Required from 9.00am to 10.00am and 1.15pm to 2.15pm approx. (Times may vary at different day centres). To assist members from their front door to the bus and vice versa on the return journey. Morning and/or afternoon volunteers required. This role will require a DBS check. One full day's training will be provided by Telford & Wrekin Council for this role which includes an overview of the Passenger Assistant role, dealing with people, wheelchairs and other disabilities.

Note: Driver will pick up and drop off the volunteer at the beginning and end of each shift if living locally to day centre catchment area. Alternatively, volunteers can join the bus at the Council depot in St Georges Road, Donnington.



Volunteer Car Drivers

Volunteer car drivers required to transport members to and from the day centres. This can be done as part of the day centre helper role.

Volunteer Car Drivers - Telford

Volunteer car drivers required to transport members to and from a day centre. This can also be done as part of the day centre helper role on Mondays.



Advocacy Volunteers –Shropshire and Telford

We are looking for people to support older people on a one-to-one basis either in person or over the telephone, helping to resolve an identified problem. Volunteers should be car drivers and prepared to travel.

Volunteer Advocates seek out as much information as possible about a particular issue to enable the older person they are supporting to make an informed choice on how they wish the issue to be approached. They then support and assist the older person by making telephone calls, writing letters, attending meetings, to try to resolve the issue in the chosen way. Training and ongoing support provided. Travel expenses reimbursed. Approximately six hours per week time commitment required depending on the individual case.



Lunch Club Organisers, Telford

Lunch clubs meet once a month in a local pub, restaurant or hotel on the same day around midday to about 2.30pm to enjoy a two-course traditional meal consisting of a main course and dessert with tea or coffee for a reduced price. Volunteer Organisers circulate menus, take member food orders and place orders with venues in advance and then attend the Club on the day to welcome members, collect payments and ensure the event runs smoothly. Training, ongoing support and travel expenses will be provided. Organisers are required as follows:

- The Swan, at Eccleshall Road, Forton, Newport TF10 8BY on the third Thursday of every month.



Curling Group, Horsehay, Telford

This runs fortnightly on a Monday 10.00am – 12.00pm at **Horsehay Village Hall**. We are looking for someone who can meet and greet, support the members and set them up for the session.



For further details about all of our volunteering opportunities and to apply, email volunteering@ageukstw.org.uk or call our Volunteer Recruitment Service on 01743 233 123 ext 283. Message service available. Please leave a brief message including a daytime telephone number and we will contact you.