

St George's Day Walk

Stretch your legs on your lunch break, recognise the patron saint of England and help raise money for Birmingham Business Park's 2019/2020 Charity Partner, Age UK Solihull.

Entry **£5**

Pre-register online (details overleaf) or register **between 12:30 - 1:30pm** at Age UK Solihull gazebo by the lake. Walk the **2.6 mile** route with friends and **colleagues**.



Birmingham Business Park

Certificate awarded upon completion, and **free pizza**, **burgers and hot dogs** available while stocks last!

All the money raised will help **Age UK Solihull** provide advice, support and companionship to older or vulnerable people in our **local community**.

0121 704 7842

events@ageuksolihull.org.uk

www.ageuksolihull.org.uk

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Age UK Solihull is a charitable company limited by guarantee and registered in England and Wales. Registered charity number: 1055887 Company number: 3180062 Age UK Solihull, The Core, Central Library Building, Homer Road, Solihull, B91 3RG

Event kindly sponsored by





More information

Join us for a lunchtime stroll around **Birmingham Business Park** on St George's Day. It's a leisurely 2.6 mile route around the lake, suitable for pushchairs and wheelchairs.

Register and collect your flag from the Age UK Solihull gazebo and then enjoy some fresh air and quality time with your friends and co-workers walking around the beautiful grounds.

You'll receive a certificate when you've completed the walk, and there will be vouchers for FREE pizza, burgers and hot dogs available from the Park Management Office, but you'll need to finish the walk quickly as it's first come, first served!

Help us to highlight the challenges many people face in later life and raise money to help us provide our vital service for older or vulnerable people in the Solihull borough.

For more information:

Call: **0121 704 7842** Email: **events@ageuksolihull.org.uk** Visit: **www.ageuksolihull.org.uk**

