### **AGE UK SOLIHULL**

### PERSON SPECIFICATION

JOB TITLE: PSI Project Coordinator 18 hours per week

# **Experience**

- Minimum of 2 years' experience in health and social care related field
- Working with staff or volunteers including recruitment, training, development and motivation.
- Working with NHS organisations and partners across sectors.
- Data collection to meet funders requirements.
- Person-centred service provision, leading/arranging group activities in particular
- Undertaking risk assessments

# Knowledge

- A demonstrable understanding and commitment to the work, vision and values of Age UK Solihull.
- Broad knowledge and understanding of the wide range of issues affecting older residents of Solihull, and of services to meet their needs.
- Understanding of how physical activity benefits older adults by reducing the risk of falls and enhancing overall health and well-being.
- Good understanding of the importance of diversity and inclusion and how to put these principles into practice.
- Good understanding of Information Governance including confidentiality and data security.
- Good understanding of Safeguarding Adults.
- Health and Safety knowledge, including risk management

## **Skills**

- Proficient IT skills
- Flexible approach.
- Highly organised, self-motivated, able to prioritise conflicting demands and meet deadlines.
- Good verbal communication, listening and interpersonal skills.
- Ability to develop and maintain effective and productive working relationships.
- Flexible and able to work confidently alone and on own initiative as well as being an active and supportive team member.

# Other

Driving Licence and use of a car.

**Enhanced DBS Check** 

### Desirable

- Previous experience of delivering exercise classes
- Level 3 Diploma in Exercise Referral
- Level 4 Postural Stability Qualification (or prepared to undertake training)