

New Lunch Club for over 60s!

Age UK Solihull staff and volunteers invite you to join their new Thursday Friends Club (“Club TFC”) for people over the age of 60.

When: Every Thursday 12:00 - 3:00pm (starting 2 May 2019)

Where: The Red Lion Pub, 1672 High St, Knowle, Solihull B93 0LY

The club will be a great chance to socialise and enjoy a hot meal.

It will cost **£8** to attend. £5 of this will go to the pub to cover the meal, tea and coffee, and £3 comes to Age UK Solihull and pays for a raffle, prizes and activities.



If you would like more information about attending:
call Amanda on **0121 704 7846**
or email **befriending@ageuksolihull.org.uk**

Volunteer

We're looking for volunteers to help at this club. Can you spare a few hours each week to welcome guests, chat to them and create a friendly atmosphere? We'd also like help with taking a register, handling money, taking food and drinks orders and helping with the raffle and activities. Let us know if you'd like to help!