

Free Digital Training



Age UK Solihull's **Digital Champions Project** offers FREE advice and support with using digital technology to older Solihull residents.

Join a **friendly group** or benefit from **one-to-one** volunteer support.

Support is **free** and tailored to your **individual needs**.

Available in **North & South Solihull**.

Free tablet loan scheme available for those who do not have their own equipment.

We can help you with:



Online shopping



Communicating with family, friends and community groups via email or video calls



Searching for information



Accessing learning online



Downloading and using apps

For more information contact:



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