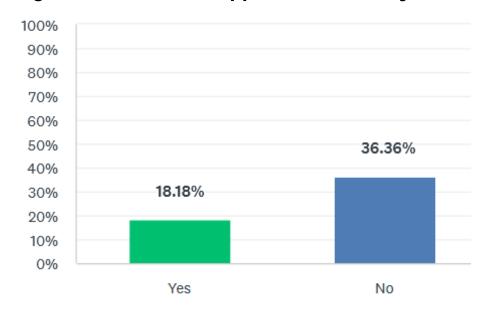


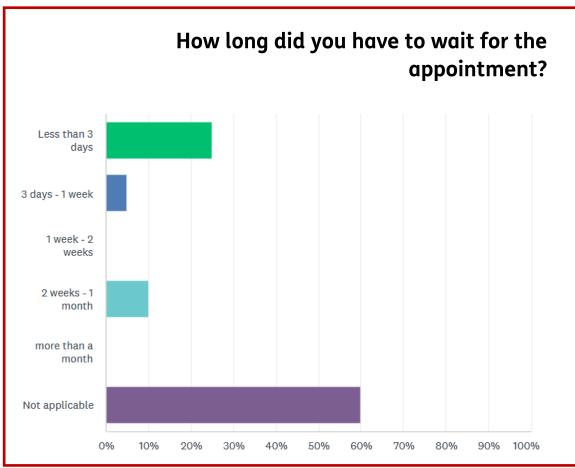
# Here are the responses to the 'Somerset Older Opinions Matter' December 2021 Survey



For more information and to take part please visit www.soom.org.uk

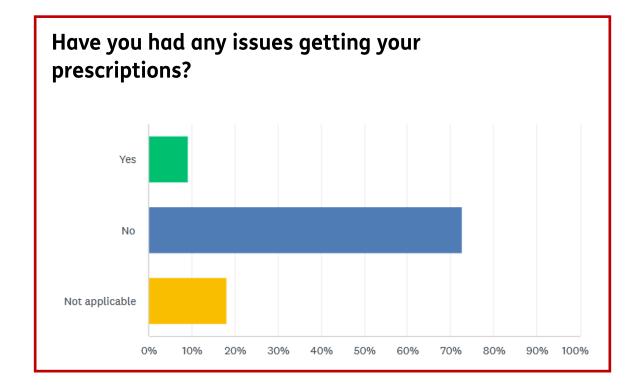
## If you have needed one, have you been able to get a face-to-face appointment with your GP?





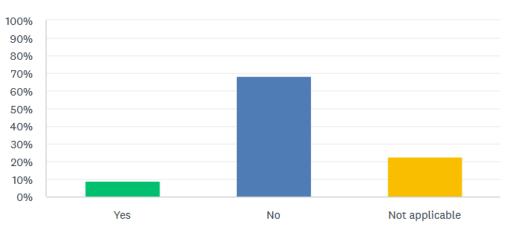








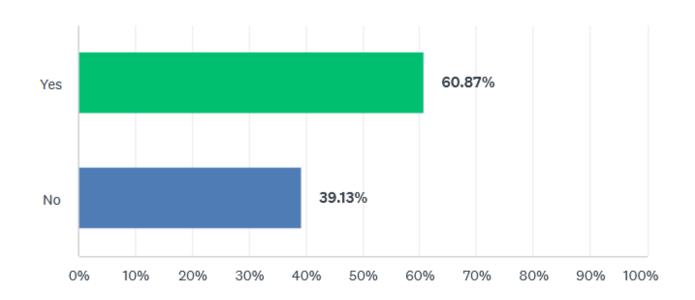
## Are you concerned about going to your GPs Surgery in person at the moment?







#### Do you feel that you are active enough / getting enough exercise?



#### COMMENTS

It's apathy that stops me.

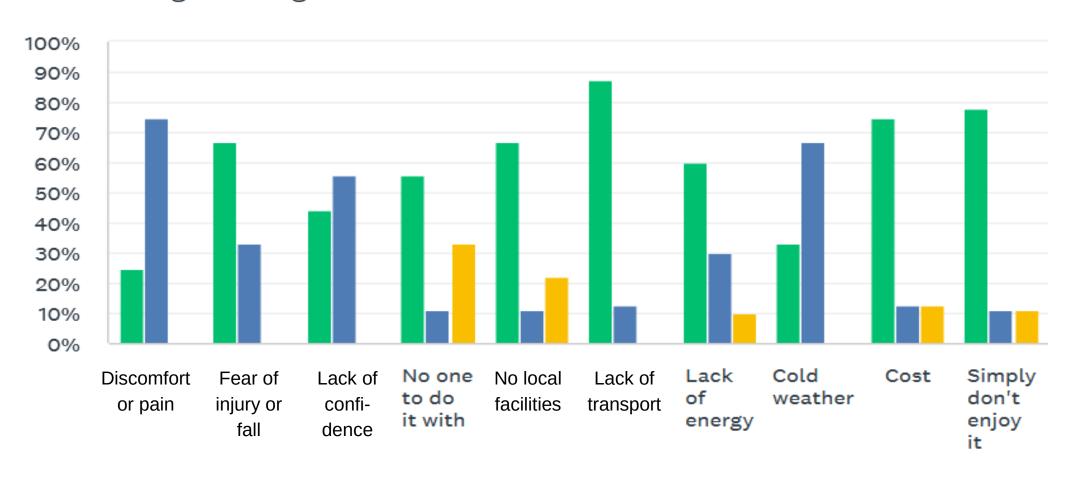
I use video exercise classes online three times a week.

I need to walk more. I'm very grateful for Age UK Somerset's online sessions.





If you answered 'No' above, how much do the following prevent you from exercising or being more active.

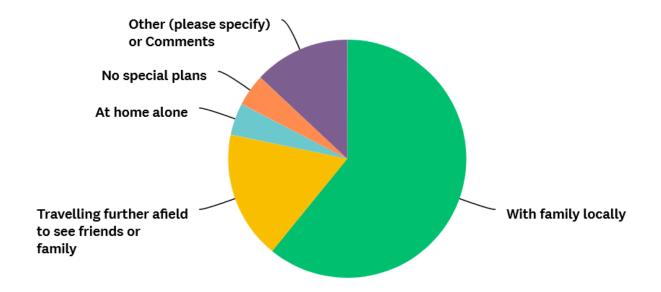








At the time that you complete this survey, how are you planning to spend Christmas Day



If you are over 60 and in Somerset or North Somerset PLEASE SIGN UP TO THE SOOM SURVEY PANEL and we'll send you an alert every time we set a new survey.

We value your opinions.

www.soom.org.uk