

We are Age UK Somerset, an independent local charity working across Somerset and North Somerset, with an outstanding team dedicated to doing more for older people

Exercise and Falls Prevention Manager

Contract: Permanent
Hours: Full Time, 35 hours per week
Salary: £35,463
Location: Taunton (with travel required around the Somerset and North Somerset area)

About the role

We are seeking an experienced manager with a passion for exercise and wellbeing and an appreciation of how it can support older people to live longer better.

Strength, balance and staying active are at the core of our Ageing Well and Falls Prevention service. Taking part in group exercise and maintaining a level of strength and balance is vital for older people to reduce the effect of age-related decline, maintain independent living, wellbeing and reduce isolation. This is an exciting opportunity to make a real difference to people's lives!

Main Responsibilities

- Provide clear leadership and support to the Ageing Well and Falls Prevention team
- Oversee the daily operation in collaboration with service Co-Ordinators and Administrators
- Monitor class participation to ensure financial sustainability and to meet demand
- Develop and launch new classes, with a pragmatism that balances merit and risk
- Represent Age UK Somerset in meetings, talks, presentations and demonstrations
- Maintain good working relationships with partners and stakeholders
- Maintain high standards of client satisfaction, legal and procedural compliance

Key Skills & Experience

- Proven experience running a customer-facing service in the movement & exercise arena
- Hold a recognised fitness/exercise equivalent Level 2 certificate/diploma
- First-class organisational skills
- Excellent interpersonal and communication skills
- Solid understanding of budgets
- Experience of monitoring and evaluating services

Why Work for Us?

- Employee health and wellbeing services, including an Employee Assistance Programme
- Workplace pension scheme with generous employer contribution
- Enhanced annual leave and length of service entitlement plus bank holidays
- Company sick pay
- Closure over the Christmas period
- Great shopping discounts and rewards

How to apply

Visit our website – [Age UK Somerset/Work With Us](#) - for the application pack

CLOSING DATE: 9am, Friday 22nd May 2026 **INTERVIEW DATE: Tuesday 2nd June 2026**

Age UK Somerset is striving to be an equal opportunities employer and welcomes applications from all sectors of the community