

We are a group of men who are involved in our own **shed workshop**, volunteering our time to make and repair furniture and items donated to Age UK South Lakeland.

We also take commissions to restore & repair items of furniture and can make things from scratch at very reasonable rates! All money raised is used to provide services to older people across South Lakeland.

If you would like more information about Men in Sheds, please contact Age UK South Lakeland on 01539 728118.

Supporting the Local Community

Who is This For?

Men over 50

What Men in Sheds Do?

- Make, repair or restore furniture & other items.
- Raise money to support Age UK
 South Lakeland.
- Chat, drink tea, look out for one another, and often put the world to rights.