

# Lunch Clubs

## Who is this for?

Anybody over 50.

## What is available?

A top quality lunch each month. We make sure that meals are provided at a reasonable cost, without cutting corners. A local volunteer organises everything with the venue, including any particular dietary requirements or special arrangements.



Lunch clubs aren't just about good food and company. They're also a chance to stay in touch with Age UK South Lakeland and other local organisations. And they're a useful place to get your copy of our 'What's on' as well!

**If you would like more information, please contact us on [01539 728118](tel:01539728118). We will be happy to help.**



## Town

## Venue

## When in month

Allithwaite	The Pheasant Inn	2nd Tuesday
Ambleside	The Unicorn Inn	1st Monday
Arnside	The Albion	1st Friday
Broughton-in-Furness	The Black Cock Inn	1st Thursday
Broughton Mills	Blacksmith Arms	3rd Wednesday
Burneside	Carus Green Golf Club	3rd Monday
Burton in Kendal	Kings Arms Hotel	2nd Wednesday
Cark in Cartmel	The Pheasant Inn, Allithwaite	4th Friday
Coniston	Crown Hotel	1st Friday
Crooklands	The Crooklands Hotel	Last Thursday
Crosthwaite	The Damson Dene	2nd Thursday
Foxfield	Prince of Wales	4th Thursday
Grange over Sands	Thornleigh Hotel	1st Wednesday
Grasmere	Rothay Garden Hotel	2nd Monday
Hawkshead	The Kings Arms Hotel	2nd Thursday
Holme	Smithy Inn	2nd Friday
Holme (Men's Lunch)	Smithy Inn	4th Thursday
Kendal	Stonecross Manor	1st Tuesday
Kendal	Alexanders at Castle Green	2nd Tuesday
Kendal (Pie&Pint Club)	Kendal Rugby Club	1st Thursday
Kendal Oxenholme	The Station Inn	3rd Tuesday
Kentmere	Maggs Howe	4th Wednesday
Kirkby in Furness	The Ship Inn	3rd Wednesday
Kirkby Lonsdale	Orange Tree	3rd Tuesday
Langdale	Britannia Inn	3rd Tuesday
Levens & Heversham	Hare and Hounds, Levens	2nd Tuesday
Sandside	The Ship Inn	3rd Wednesday
Seathwaite & Ulpha	The Newfield Inn	2nd Friday
Sedbergh	The Dalesman	2nd Thursday
Storth	The Kingfisher, Sandside	2nd Thursday
Torver	The Church House Inn	2nd Friday
Troutbeck	The Village Inn, Bowness	4th Monday
Ulverston	The Old Farmhouse	3rd Monday