

Over 50's Aerobics



Every Monday
10:30 AM - 11:10 AM

To book a place or find out more about **Over 50's Aerobics**, please contact the Kendal Leisure Centre on **01539 729777** or by email at kendal.leisure@gll.org.

Refreshments will be provided.

Supporting the Local Community



Kendal Leisure Centre

Burton Road
Kendal, Cumbria
LA9 7HX