

# Over 50's Aqua Aerobics

BETTER

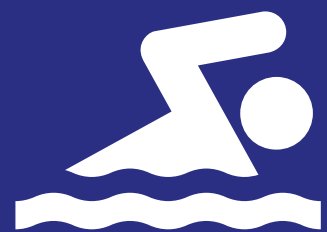


Every Tuesday  
2:30 PM - 3:10 PM

To book a place or find out more about **Over 50's Aerobics**, please contact the Kendal Leisure Centre on **01539 729777** or by email at [kendal.leisure@gll.org](mailto:kendal.leisure@gll.org).

Refreshments will be provided.

**Supporting the Local Community**



**Kendal Leisure Centre**

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