

## Age UK Southampton

### Visiting/Telephone Support Services

#### Referral Guidelines

**These services are available for people within the City of Southampton who are:**

- Aged over 65.
- Living alone.
- Housebound or with limited ability to leave the home.
- Living with the effects of social isolation with little/no family or friends' support.
- Able to converse with a volunteer.
- Not subject to a diagnosis of moderate/severe dementia.
- Not subject to a diagnosis of severe mental illness.
- Not affected by alcohol misuse.
- Not affected by substance misuse.