

OLDER PEOPLE OPENING HOURS FOR **SUPERMARKETS**

TESCO- Mondays, Wednesdays & Fridays 9am-10am
for 60s & over

Tesco Tebourba Way opening times and contact
details: [https://www.tesco.com/store-
locator/uk/?bid=3190](https://www.tesco.com/store-locator/uk/?bid=3190)

SAINSBURYS- Mondays, Wednesdays & Fridays 8am-
9am for 60s & over

Sainsbury's store locator, opening times and contact
details:

[https://stores.sainsburys.co.uk/list/place/@50.909700
40000001,-1.4043509/1/all](https://stores.sainsburys.co.uk/list/place/@50.90970040000001,-1.4043509/1/all)

ICELAND- Wednesdays 9am-11am (No I.D. REQUIRED)

Iceland store finder, opening times and contact details:
<https://www.iceland.co.uk/store-finder>

ASDA- NOT CURRENTLY OFFERING ANY SLOTS TO OLDER PEOPLE

Asda Southampton opening times and contact details:

<https://www.opening-times.co.uk/Asda/Southampton/Portland-Terrace/>

WAITROSE- OFFERING PRIORITY SHOPPING TO OLDER PEOPLE FOR THE FIRST HOUR OF OPENING

Waitrose store locator, opening times and contact details:

<https://www.waitrose.com/shop/BranchFinderSearch?postCodeValue=southampton>

ALDI- 4 ITEM RESTRICTIONS ON ALL ITEMS BUT NO DESIGNATED SLOTS FOR OLDER PEOPLE

Aldi store locator and opening times:

<https://www.aldi.co.uk/store-finder/?q=southampton&address=Southampton&latitude=50.90970040000001&longitude=-1.4043509>

M&S- Mondays & Thursdays for the first hour for older people only.

M&S store locator, opening times and contact details:

<https://www.marksandspencer.com/s/communications/MSResStoreFinderGlobalBaseCmd?storeId=10151&langId=-24&catalogId=1005>

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