



The Big Knit is back this year and we need your help to knit as many innocent smoothie hats as possible! For every hat knitted, Age UK North Staffordshire receives 25p to support our work with local older people.

Calling all knitters!

Last time our knitters knitted an impressive 47,400 hats raising an incredible £11,850 in total. This was a marvellous achievement and we hope that you enjoyed the knitting as well as helping our charity. Now we are delighted to be launching this year's Big Knit, starting by aiming at 25,000 hats by early January – our first deadline and halfway to our total.

Thank you to everyone who has continued knitting and started sending in their hats already. That's fantastic - please do carry on!

For you, and anyone who's new to the Big Knit, all the necessary information to join in this year is attached here. Whether you're new to casting on, or already know your garter from your stocking stitch, it's easy to get started – there are some fun patterns included. Get yourself some needles, wool and your favourite comfy chair and get knitting at home or with friends.

It's ESSENTIAL that you complete and return our Big Knit Consent Form included here so that we can keep you in touch with the Big Knit. Without this information from you we will NOT BE ABLE to contact you to thank you or let you know about the Big Knit in the future.

As you progress, when you have a good quantity of smoothie hats, or by the 9th January deadline at the latest, please bag them up, include a slip of paper with your name clearly written (but NOT your address), and send them in / drop off to us at:

- Age UK North Staffs, 83-85 Trinity Street, Hanley, Stoke-on-Trent, ST1 5NA

- Age UK North Staffs Longton Charity Shop, 59 The Strand, Longton, Stoke-on-Trent, ST3 2NS

Please remember the next deadline: Wednesday 9th January 2019





We are grateful for every hat we receive, and could not do it without you!

Please complete the form at the back and return it to us at no cost, without delay.



Actual size hats should be

Our freepost address is:

Freepost RRAA-JYLA-BJYZ Age UK North Staffs 83-85 Trinity Street Stoke on Trent ST1 5NA

Additional patterns can be found by visiting www.thebigknit.co.uk/hatsamazing

www.ageuk.org.uk/northstaffs bigknit@ageuknorthstaffs.org.uk 01782 286209

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Doddle hat

Basic Pattern

You will need some double knitting yarn and a bobble of your choice.

Knitting

- 1. Using double knitting yarn and some 4mm needles, cast on 28 stitches.
- K2 rows. Then, starting with a knit row, work in stocking stitch (Knit 1 row, Purl 1 row, repeat) for 12 more rows.
- For the next row, K2 together across all the stitches (14 stitches). And for the row after that, P2 together to the end (7 stitches).
- 4. When you've finished, cut the yarn leaving about 25 cm. Thread the cut end of the yarn through a sewing needle, then run it through the loops and remove the knitting needle.
- Tighten the yarn and sew the little hat together at the side. Once finished, turn it right-side out so that the seam you've just sewn runs up the inside.
- When laid out flat, the hat dimensions should be about 5-7cm along the bottom and at least 3cm high.
- 7. Sew a little bobble onto the top of the hat.



A berry fancy hat

by Juliet Bernard

Advanced Pattern

For this one you should use yellow and red double knit yarn, and you'll also need some green for the stalk and leaves. And a strong tea.

Knitting

- Using your red double knitting yarn and some small needles, cast on 28 stitches.
- K2 rows. Then, starting with a knit row and working in stocking stitch throughout ((Knit 1 row, Purl 1 row, repeat)) do the 12 rows as shown below.



- For the next row, using green, K2 together across all stitches (14 st), then for the next row P2 together to end (7 stitches), followed by the next row which is K1, K2 together three times (4 stitches).
- 4. Transfer the 4 stitches from the right to the left needle, pulling the yarn tight and knitting them again. Repeat six times. This is an l-cord and will be the strawberry's stalk.
- To finish, K2 together twice then pass the first stitch over the second. Fasten off by pulling the yarn through the last switch.
- Make up by sewing the side seams together and finish off by threading the yarn down the strawberry stalk.



IT IS ESSENTIAL THAT YOU FILL IN THIS FORM AND RETURN IT TO US USING THIS FREEPOST ADDRESS ON THE SECOND PAGE SO THAT WE CAN CONTINUE TO CONTACT YOU ABOUT THE BIG KNIT						
Surname:		Forename:				
Title:	Address:					
Postcode:	Telephone No:					
I consent for Age UK North Staffordshire to process and hold the above details about me /the client in accordance with GDPR law Please tick						
All information is held In accordance with disclosed to any third party. We will never so	,	e General Data Protection Regulation Law and is not				

If at any time you wish to access the information we hold about you or have any concerns about confidentiality please contact a member of staff at the office who can discuss these with you.

You have the right to withdraw your consent at any time by contacting the 'Data Controller' at the address for Age UK North Staffordshire below. We process personal information for certain charity purposes under legitimate interest, which include some or all of the following –

- Where processing enables us to enhance, modify, personalise or otherwise improve our services / communications with our clients
- To provide anonymous statistical data about the types of people using our services, internally and for 3rd parties for quality, funding, and equality purposes.

Whenever we process data for these purposes we will always keep your personal data rights in high regard, and take account of these rights. You have the right to object to this processing if you wish. Please be aware that objecting could affect our ability to carry out tasks for your benefit.

Your rights under the data protection legislation can be found at https://ico.org.uk/for-organisations/guide-to-the-generaldata-protection-regulation-gdpr/individual-rights/

We (Age UK North Staffordshire) would like to keep in touch with you about the vital work we do for older people, our fundraising appeals, and opportunities to support us. By ticking the consents below you are agreeing to be contacted via the methods below (Please tick as appropriate)

Services and activities	Post 🗆	Email 🗆	Phone 🗆	Text 🗆	None 🗆
Fundraising and campaigns	Post 🗌	Email 🗆	Phone 🗆	Text 🗆	None 🗆

Signature:

Date:

www.ageuk.org.uk/northstaffs bigknit@ageuknorthstaffs.org.uk 01782 286209

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