

Trishaw by the Seashore




Age UK Sunderland's Trishaw is a way of transporting older people who enjoy the wind in their hair!


Our rides are **comfortable, fun and free**. They enable older people to explore Sunderland's amazing sights close-up.



Age UK Sunderland volunteer drivers provide people aged 50+ in Sunderland 'trishaw' cycle rides.

For more information about Age UK Sunderland's Trishaw rides contact Age UK Sunderland at: frontdooradmin@ageuksunderland.org.uk or call our Community Support Club Coordinator on: **0191 514 8338**

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