

Age UK Sunderland

Job Description

Post: Lifestyle Worker (Casual)
Responsible to: Lifestyle Co-ordinator
Location: Bradbury Centre, Stockton Road, Sunderland

Job Purpose

To deliver a quality service to those requiring support and assistance to live an independent life by undertaking day to day tasks which can include light house work, shopping and companionship.

Job Description

You will:

- Develop appropriate working relationships with service users.
- Maintain the skills to undertake light house work, shopping and or companionship duties.
- Contribute the service user's physical and emotional wellbeing.
- Engage and support the service user with reablement activities.
- Provide information on Age UK Sunderland activities and services, sign post where appropriate.
- Undertake basic record keeping
- Manage and follow simple financial procedures including those to do with financial transactions e.g. shopping for service users.
- Report without delay changes in service user's health, abilities or circumstances to the Lifestyle Co-ordinator.
- Maintain confidentiality regarding all aspects of the work undertaken □
Abide by and implement all policies and procedures of Age UK Sunderland, including being aware of and responsible corporately and as an individual for Health & Safety policy
- Undertake all reasonable tasks, in keeping with the level of responsibility of the post, as requested by the line manager/director.
- Be aware of and understand procedures for safeguarding vulnerable adults.

This post is subject to an enhanced DBS

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Person Specification

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Essential Criteria

- Have a flexible approach to work and be willing to undertake a multitude of tasks.
- Undertake light house work duties to a good standard
- Have an understanding of the needs of individual service users
- Be able to communicate effectively with people
- Have ability to keep basic records
- Flexibility with regard to working times and geographical areas to be worked in
- Ability to work alone with the minimum of supervision
- Have a cheerful disposition.

Desirable Criteria

- Full clean driving license with access to a car to use for work

Be physically able to:-

- Push a service user in a wheelchair if required.
- Lift domestic equipment and service users shopping bags etc as appropriate