



Sir Thomas Allen Centre

Contact us

To find out more call 0191 522 1310 or email essenceservice@ageuksunderland.org.uk

Or pop in to the Essence Service centre, at the Sir Thomas Allen Centre, Mill Hill Road, Doxford Park, Sunderland, SR3 2ND

Details about the Essence Service are also available on our website www.essenceservice.org.uk and Twitter / Facebook.



SundEssenceService



Essence Service Sunderland – new



Essence Service

Pre-Diagnostic Dementia Support



Support, information and advice for people concerned about memory difficulties

Short-term memory loss may result in forgetting recent events, repeating questions or conversations, missing appointments and having difficulty completing tasks previously managed well, such as organising finances and bills.

Thinking about a dementia diagnosis can be daunting, but most people tell us after a diagnosis that it is “better to know”.

A diagnosis opens the door to early treatment and support to ensure you continue to live well.

If you are unsure whether your symptoms are part of “normal ageing”, or something more, come and talk to us.



How can we support you?

- We can provide information and support regarding a dementia assessment with the Memory Protection Service (MPS)
- A listening ear
- Support to access social activities
- Ongoing support following a dementia diagnosis

