

Age UK Sunderland

Bradbury Centre Stockton Road Sunderland SR2 7AQ www.ageuksunderland.org.uk

NHS Sunderland **Clinical Commissioning Group**

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Hospital Discharge Service



A free service supporting local people over 60+ years old across the City

About the service

Age UK Sunderland's Hospital Discharge Service supports older people who are recently discharged from hospital to help prevent hospital readmissions.

The service aims to promote independence, choice and control for older people supporting reablement.

What support is available?

- Shopping
- Light housework
- Helping you to stay connected to your community including supporting you to go to appointments
- Collecting prescriptions
- Companionship
- Referrals to other Age UK Sunderland Services and other appropriate Services

How long can you get support?

- Up to 3 weeks on discharge from hospital
- You can receive one visit per week
- The service is available Monday to Friday 9am 5pm

How can you access the service?

You need to be:

- Referred into the service by nurses at the hospital whilst you are a patient and ready to be discharged
- Over 60 years old
- Living within the City of Sunderland
- Without a formal Care Plan/ Package

Then you may qualify for support, unfortunately we don't accept self-referrals.