

Living with and beyond cancer



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Are you living with or beyond cancer?
If so, we are here to help.
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It's a cause for celebration that more people than ever are surviving after a cancer diagnosis but we know the impact of cancer doesn't suddenly stop during treatment and when treatment is over.

Age UK Sunderland is working with The Northern Cancer Alliance to help improve the experience of people living with and beyond cancer.



Ways we can help

We can offer support on a range of issues including:

Lifestyle Choices

Social Support

Mental Health

Finances

Physical Health

Advocacy



**“I feel more
in control of
my health and
wellbeing”.**

We want everyone who is diagnosed with cancer to live well after a diagnosis and believe everyone should experience high quality cancer care and support.

If you have a cancer diagnosis a member of our Living Well Link Team can visit you in your home or community setting and offer practical person centred holistic support interventions to help you feel more in control of your health and wellbeing.

We believe everyone diagnosed with cancer should lead as healthy and active a life as possible.

This means:

Getting your support in a way and place that works for you

Tailored support packages for you and those close to you

Support to manage your recovery yourself.

If this is something you might be interested in please contact:

The **Living Well Link Team** on
0191 514 8344

Age UK Sunderland
are supporting the delivery of the
Macmillan Recovery Package

MACMILLAN
CANCER SUPPORT



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