

The Redwood Day Service is a chargeable service available Monday to Friday 9am–3pm. It is available for individuals aged 50+ who live within the boundaries of the City of Sunderland.



What to expect?

- You will be welcomed into our newly refurbished facility by experienced trained staff.
- You will receive a hot drink/biscuit on arrival and a freshly cooked meal including dessert at lunchtime.
- You can participate in a range of activities including arts, crafts, cookery, games, arm chair exercises, sing-along, reminiscing and much more.
- You will have a range of opportunities to make new friends and get involved!

Eligibility criteria

- Aged 50+
- Require some support to maintain independence
- Are able to take care of your own personal care needs

The service can be accessed following an initial 'assessment' subject to service capacity.

Transport with escort is available if required.

Outcomes for you

A fun day out helping to promote independence and improve your wellbeing.





For more information please contact us at:

Age UK Sunderland
Bradbury Centre
Stockton Road
Sunderland SR2 7AQ

T: 0191 514 1131

F: 0191 567 0378

E: enquiries@ageuksunderland.org.uk

www.ageuksunderland.org.uk

