



The Essence Service  
is a joint collaboration between  
**Age UK Sunderland**  
and  
**Sunderland Carers' Centre.**

It is funded by  
**Sunderland Clinical Commissioning Group.**



**Sunderland Carers' Centre**



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# Essence Service



## Supporting people with dementia and their carers

## What is the Essence service?

We are here to provide support and information to older people who have been diagnosed with Dementia and their Carers.

Wherever you live within Sunderland, we will provide you with the support you need.

## Who runs the Essence Service?

The Essence Service is managed by Age UK Sunderland, working closely with many other organisations across Sunderland including:

- The NHS
- Sunderland Carers Centre
- The Alzheimer's Society
- Action On Dementia Sunderland

We will help you get the right support that is near you.

## What kind of support is available?

As soon as we are contacted we will arrange for you to meet one of our Essence support workers. We will spend time getting to know you. You will be able to tell us about:

- Any worries you may have
- What support you may need
- Activities you may enjoy
- Choices you wish to make regarding your care
- How you spend your time
- Legal, housing and financial issues

We can also offer this support to your carer and family. Together we will agree a plan that meets your needs.

## How can I find out more information?

Contact the Essence Service by:

Telephone: **0191 522 1310**

Email: **essenceservice@ageuksunderland.org.uk**

Call in to the

**Sir Thomas Allen Centre**

**Mill Hill Road, Doxford Park, Sunderland, SR3 2ND**

Details about the Essence Service are also available on our website: **www.ageuksunderland.org.uk**

or on Twitter **@ageuksunderland**



*Sir Thomas Allen Centre*