

Volunteer

If you'd like to become a volunteer with Age UK Sunderland's Advocacy service, please detach the slip below and send it to Advocacy Co-ordinator at the address given at the bottom of this page. Volunteers are needed in all areas of the city.

| | | |
|-----------|-----------|----------|
| Title: | Initials: | Surname: |
| Address: | | |
| | | |
| Postcode: | | |
| Tel: | Date: | |

I confirm the information I have given to Age UK Sunderland is correct. I agree that Age UK Sunderland may process that information. I understand that AGE UK Sunderland operates in accordance with the principles of the Data Protection Act, 1998 and that the information given will be used by Age UK Sunderland and its trading subsidiary Age UK Sunderland Services Limited.

I understand that information will only be shared with third parties and partner organisations when necessary to provide a relevant service.

I confirm my agreement to this statement

If you do not wish to receive information about products and services provided by Age UK Sunderland please tick this box



For further information please contact the Advocacy Co-ordinator, Monday-Friday, 9.00am-5.00pm at:

Age UK Sunderland

Bradbury Centre

Stockton Road

Sunderland SR2 7AQ

t 0191 514 1131 or 0191 565 9045

f 0191 567 0378

e advocacy@ageuksunderland.org.uk

e enquiries@ageuksunderland.org.uk

www.ageuksunderland.org.uk



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Advocacy service



Supporting
independence
across the city

We're Age UK Sunderland and our goal is to enable older people across the city to love later life.

If you need someone to help with problems or want to get your voice heard, our Advocacy service can help.

Do you:

- need someone to help with any problems/issues you have?
- wish to be more involved in decisions that affect you?
- want some help to get your voice heard?

Then our Advocacy service is here to help you.

Advocacy is:

- listening to your problem and helping you find a solution
- encouraging individuals to state their own needs
- ensure that individuals have all the information they need to make an informed choice or decision
- taking up an issue or complaint on behalf of someone
- speaking on behalf of people who are not able to speak for themselves
- giving you support

The Advocacy service is not an advice or legal service.

A partnership

If we can assist you, we will endeavour to match you with a trained volunteer, who will work with you to access information and help you make decisions to achieve the outcomes you want. The volunteer will support you to speak for yourself, but if you feel unable to speak for yourself then our volunteer advocates will speak on your behalf.

Aims of our service

- Improve independence
- Improve mental health
- Improve confidence and control
- Improve emotional health
- Improve physical health
- Improve psychological wellbeing

Who can access the service?

The Advocacy service is designed to be easily accessible.

We welcome enquiries from individuals, relatives and friends. We also accept referrals from health care agencies, GP surgeries, Adult Services and residential homes.

- People living in Sunderland, Hetton, Houghton, Easington Lane and Washington.
- People over the age of 50.
- Where the help given will improve one of the Advocacy service aims.

If you are unable to come into our office we may be able to provide a home visit.