

## What you should do next

- Ring the Team on **0191 569 9797**
- Email us at: **hospitaldischarge@ageuksunderland.org.uk**
- If you are already in hospital, ask one of the hospital staff or ring us on **41287**.

**One of our team will be happy to talk through the service and discuss your specific requirements.**

### Age UK Sunderland

Bradbury Centre  
Stockton Road  
Sunderland SR2 7AQ

**t** 0191 569 9797 or 0191 514 1131

**f** 0191 567 0378

**e** enquiries@ageuksunderland.org.uk

**e** hospitaldischarge@ageuksunderland.org.uk

**www.ageuksunderland.org.uk**

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Sunderland  
City Council

  
Sunderland  
Clinical Commissioning Group



## Hospital Discharge Scheme



**A free service**  
to local people  
over 60



## **We're Age UK Sunderland and our goal is to enable older people across the city to love later life.**

The Hospital Discharge Scheme operates 7 days a week to support older people discharged from hospital, to ensure that they have a safe and comfortable return home.

### **Are you:**

- being discharged from hospital?
- aged over 60?
- living within Sunderland City Council boundaries?
- without a formal care package?

Then you may qualify for our service.

### **What support can I get?**

It could be assisting you to make a meal; or you may need assistance with light domestic support or shopping.

Everyone's needs are different. We can offer a range of support and advice within your home.

The staff will help you do things for yourself rather than doing things for you to help you get back on your feet and to live independently.

**We make visits Monday to Sunday inclusive, between the hours of 9am and 6pm. Support is offered for up to 30 days.**

