

**ESSENCE SERVICE VOLUNTEER**

-----  
**Our Mission Statement**

*Age UK Sunderland aims to promote the well-being of all older people throughout the City of Sunderland, improve their quality of life and help them maintain independence*

-----

The Essence Service is the dementia hub of the city and aims to support people in the early stages of dementia and their carer/s.

Activities run weekly from our centre in Doxford Park and at various outreach venues across all areas of Sunderland.

**Main Duties:**

- To initiate and run activities for people living with dementia
- To support Age UK tutors in delivering dementia friendly activities
- To provide assistance, support and encouragement to people living with dementia, that is appropriate to their needs
- To undertake group work or one to one support
- To adhere to the relevant Age UK Sunderland policies and procedures such as confidentiality, health and safety and equal opportunities

**Your role will require you to:**

- Establish and maintain effective working relationships with people with dementia and their carer/s
- Work under the guidance of the Essence Service Activity Co-ordinator
- Support tutors during tutor-led activities
- Undertake further training where necessary
- Participate in the Essence Service volunteer supervision process

**Person Specification**

- A keen interest in supporting people with dementia
- To be flexible and able to respond to the varying needs of service users
- An understanding of the need for confidentiality
- To be reliable and trustworthy

**Expenses**

- Reasonable agreed expenses will be paid each month on completion of the relevant form along with supporting evidence. Further details will be outlined on induction.

**Expenses:** Age UK Sunderland will repay any agreed expenses (e.g. travelling) on production of receipts/bus tickets. Forms to be completed monthly.

**PLEASE NOTE:** This post is subject to an Enhanced DBS clearance. This means that this post is exempt from the provisions of the Rehabilitation of Offenders Act 1974 and any unspent convictions must be declared. This post is subject to a 6 – 8 week trial period.