

PRESS RELEASE – for immediate publication

8th February 2017

COME AND JOIN OUR NEW CAFÉ CULTURE IN CRANLEIGH

Meet new people and build new friendships. Come along and join Age UK Surrey for a chat every Wednesday 2pm-4pm at Manns of Cranleigh coffee shop. Anyone aged 50+ is welcome, no booking required. Get to know others who live in your area and enjoy a weekly get-together.

First meeting will be held on Wednesday 15th February 2017, 2pm-4pm and will be ongoing every week. Address: Manns of Cranleigh Coffee Shop, 101 – 105 High Street, Cranleigh, GU6 8AY.

Waverley has pockets of isolation, particularly in rural areas. Café Culture is one of the initiatives that we are setting up in Cranleigh to encourage people over the age of 50 to meet up weekly as a social group within the community.

If you would like to find out more about Café Culture please call 01483 503414.

We are always looking for volunteers. If you would like to volunteer for our Making Connections Service including Café Culture please do get in touch with either Lesley Power 01483 4466646 or Jo Cooling 01483 446662. Alternatively please visit our website for more information.

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Media Information:

Age UK Surrey is an independent local charity. We work across Surrey to help improve the lives of older people. Our services are designed to enable older people remain independent and informed, healthy and active and connected to their communities. We help combat loneliness and social isolation.

Numbers of people over 85 continues to grow in Surrey:

- o A 25% rise since 2001;
- o 32,300 people in this age group (2014).
- o Nearly 214,000 people are over 65 (2014).
- Statistics show that people in Surrey generally live longer than the national average.
- In 2012 there were 15,456 people in Surrey living with dementia, predicted to rise to 19,000 by 2020.

Services include: Information and Advice, Advocacy, Counselling, Help at Home, Computer Drop-in Centre in Guildford, GO50, Tea and Chat in Tandridge, Foot Care in clinics across the County, Shopmobility in Guildford, Men in Sheds in Ash.

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