



PRESS RELEASE – for immediate publication

10th July 2017

INVITATION TO JOIN OUR TEA AND CHAT SESSIONS IN TANDRIDGE: COME AS STRANGERS LEAVE AS FRIENDS !

We are delighted to say our Tea and Chat sessions are continuing in Caterham, Oxted and Lingfield, so do come and join us, everyone aged 50+ is welcome!

The groups meet:

- Fortnightly on a Monday, 10.30am – 12.00pm at the Douglas Brunton Centre in **Caterham**.
- Once a month on a Tuesday, 2.30pm – 4.00pm in the Bluehouse Social Centre, Bluehouse Lane in **Oxted**.
- Once a month on a Thursday, 2.30pm – 4.00pm at the Lingfield Community Centre, Jennings Hall, **Lingfield**.

There are free refreshments, interesting talks, quizzes, games, craft sessions and tutorials that take place. It is a great way to meet new people and make new friends!

End of press release.

Media Information:

Age UK Surrey is an independent local charity. We work across Surrey to help improve the lives of older people. Our services are designed to enable older people remain independent and informed, healthy and active and connected to their communities. We help combat loneliness and social isolation.

Numbers of people over 85 continues to grow in Surrey:

- A 25% rise since 2001;
- 32,300 people in this age group (2014).
- Nearly 214,000 people are over 65 (2014).
- Statistics show that people in Surrey generally live longer than the national average.

- In 2012 there were 15,456 people in Surrey living with dementia, predicted to rise to 19,000 by 2020.

Services include: Information and Advice, Advocacy, Counselling, Help at Home, Computer Drop-in Centre in Guildford, GO50, Tea and Chat in Tandridge, Foot Care in clinics across the County, Shopmobility in Guildford, Men in Sheds in Ash, Making Connections and Café Culture in Cranleigh.

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