

Volunteer Role: Volunteer Assistant – Tea & Chat, Caterham

**Hours:** Every other Monday 10:30am – 12:00pm.

**Supported by:** Volunteer-Led Activities Team

Location/Role: Douglas Brunton Centre, Park Rd, Caterham,

Surrey CR3 5TA:

 To assist the Tea & Chat Lead in facilitating the running the twice monthly Tea & Chats

 Helping to ensure that the hall is comfortably laid out for the Tea & Chat session.

 Helping the members of the group by assisting in the activity arrangements and serving the tea, coffees and biscuits for each session

 Help with the conversations and activities in the group around an agreed theme/instructions.

 Helping the Lead to ensure that the hall is left clean and tidy at the end of each session.

 Helping with the washing up and putting away of all the items used for the session if needed

 To deputise for the Lead as needed and in periods of absence to attend and run the sessions and update the Volunteer Lead at Age UK Surrey of the attendance numbers.

• In the absence of the Lead to liaise with Centre Manager in case of emergency / cancellation.

 Undertake initial induction training, first aid or any other training relevant to the role.

## **Personal Qualities:**

Have good communication skills with the elderly

Be reliable, helpful and committed to helping others

 To have an understanding of and empathy with the needs of older people

 To be able to follow instructions and be aware of guidelines and policies on Health and Safety, confidentiality etc

**Expenses/References:** 

The role requires two references. Age UK Surrey

will repay agreed expenses

**To apply:** Download a registration form, email:

volunteer@ageuksurrey.org.uk, or call 01483

503414